



The Center for
**Mind-Body
Medicine**

So many people ask us for integrative healthcare provider recommendations. These are some people you may wish to talk with to see if they have the background, focus, insurance arrangements and type of practice that will best suit you.

A=Advanced Training Alumni

C=Certified in Mind-Body Medicine

F=Faculty

LP=Local Practitioners used by staff

Note: The contact information on this site may NOT be used for sending commercial emails or other spam under any circumstances

ALASKA

Maureen Longworth, MD

A

Physician and Teacher
Alaska Holistic Family Medicine
Medical Clinic and Instruction Center
Juneau, AK 99801
(907) 523-9355
alaskaholistic@gci.net

Linda Perkins, LCSW, ASCW

A

Social Worker
United States Army
10220 Jackpot Bay Circle
Anchorage, AK 99515
(907) 384-6509
linda.m.perkins@us.army.mil

Winifred Reeve, FNP, MSN

C

Maniilaq Health Center
PO Box 43
Kotzebue, AK 99752
(907) 442-7142

Winifred Reeve teaches patients mind-body stress reduction techniques on clinic visits and provides mind-body skills groups for patients and staff in Kotzebue and on village trips.

Cheryl Roussain (Nice), PA-C

A

Physician Assistant - Behavioral Health Program
Native Village of Eyak Ilanka Community Health Center
PO Box 1563
Cordova, AK 99574

(907) 424-3622 or (406) 600-5325
nice@olyphen.com

ARIZONA

Gary Barclay, MA Health Psychology

A

Director
Center for Intentional Well Being
42504 W Mallard Lane
Maricopa, AZ 85138
(480) 282-1414
gbarclay@stratvisions.com

Rita Benn, PhD

A

Mind-Body Counselor
University of Arizona
PO Box 245153
Tucson, AZ 85724
(520) 626-1539
ritabenn@umich.edu

Maureen Dicker

A

Hospice & Palliative Care Manager
Department of Veteran Affairs
6950 E Williams Field Road
Mesa, AZ 85212
(602) 212-2128 or (480) 215-2754
maureendicker@gmail.com

Anesia Groves, NMD; MC in progress

A

Southwest Naturopathic Medical Center
2164 E Broadway
Tempe, AZ 85282
(480) 970-0000
www.scnm.edu/physician-bios.html

Betty Merritt, CHTP

A

Founder/Director
The Merritt Center
PO Box 2087
Payson, AZ 85547
betty@merrittcenter.org

Carrie Phelps

C, F

YMCA of the USA
43048 N Outer Banks Drive
Anthem, AZ 85086
carrie.phelps@ymca.net
(800) 872-9622 x2858

Carrie facilitates mind-body skills groups open to everyone. She is currently the Senior Director of Strategic Initiatives for the YMCA of the Pikes Peak Region and also serves on the YMCA of the USA national staff team as a consultant for national health related initiatives including a YMCA Cancer Survivor Collaborative and a Health and Well-being Collaborative.

Noshene Ranjbar, MD **A**
Psychiatry Resident
University of Arizona
1643 E Mitchell Street
Tucson, AZ 85719
(520) 241-8677
noshene_ranjbar@yahoo.com

Bruce Roberts, MD & Molly Roberts, MD, MS **C**
LightHearted Medicine
1701 E Lind Road
Tucson, AZ 85719
(520) 327-9624
Info@LightHeartedMedicine.com
www.LightHeartedMedicine.com
Bruce & Molly run a holistic health center that provides a wide range of healing services combining Western, Alternative, and Mind-Body-Spirit Medicine techniques as well as Relationship and Conflict Resolution work. They run mind-body skills groups open to everyone. They feel their mission is to empower others to access their inherent healing abilities.

Helen Ross, MD **A**
Amerissis Dermatology Center
1990 N Yucca Drive
Nogales, AZ 85621
(520) 287-0781
hrossmd@hotmail.com

Louisa Santamaria **A**
Prescott, AZ 85308
(928) 778-0610
luisasanta08@aol.com

Sheila Shuster **A**
Grief Recovery Specialist
4603 S Primrose Drive
Gold Canyon, AZ 85118
(602) 410-5976
sheilashu@msn.com

Shawn Tassone, MD **A**
La Dea Women's Health
4300 E Pinnacle Ridge Place
Tucson, AZ 85718
ladeaobgyn@yahoo.com

Kathryn Tate, BS in Group Work, JD **A**
6901 E Acoma Place
Tucson, AZ 85715
(520) 325-8895
kayjayt@earthlink.net

ARKANSAS

Kandy Hyde, MSW, LCSW

A

Psychotherapist
28721 Kanis Road
Paron, AR 72122
(501) 227-0680
kandy_hyde@yahoo.com

Lewis Hyde, MSW, LCSW, PhD

A

Psychotherapist
Psychotherapy Associates
13025 W Markham Street
Little Rock, AR 72211
(501) 227-0680
buhycu@yahoo.com

April Kennedy, MS

A

Counselor, Yoga Instructor
Benton County Women's Shelter
3086 Cherokee Drive, Apartment 4
Fayetteville, AR 72701
(479) 422-0494
AjKennedyz@aol.com

CALIFORNIA

Sarah Ackerman, MA, MFT

C

2955 Shattuck Avenue
Berkeley, CA 94705
(510) 649-8870
sarahackermanmft@comcast.net
www.mindbodyberkeley.com

As a psychotherapist Sarah draws on different orientations including relational psychodynamic models and mind-body approaches tailored to the individual needs of each client. In addition to working with individuals and couples in her private practice, she runs mind-body skills groups throughout the year that are open to everybody.

Kari Allen, BA, Psychology

A

Counselor
3399 Walker Road
West Sacramento, CA 95691
kari-allen@sbcglobal.net

Betlimus Atai

A

39404 Stratton Common
Fremont, CA 94538
emergency911@doctor.com

James Bachman, LCSW, LCS

A

Social Services Manager
Pathways Hospice

2303 Ivy Drive, #3
Oakland, CA 94606
jbachmanlcsw@yahoo.com

Bhaskar Banerji A
2342 Shattuck Avenue, PMB 357
Berkeley, CA 94704
bhaskar_banerji@yahoo.com

Michelle Becker, MA, MFT A
15525 Pomerado Road, Suite C7
Poway, CA 92064
(858) 748-6037
mbecker3@san.rr.com

Pegi Black, RN, MSN, NPBC A
12502 La Bella Drive
Santa Ana, CA 92705
pegbobbos@att.net

Lea Borden, RNC, BA A
122 Calistoga Road, Suite 209
Santa Rosa, CA 95409
leabordenrnc@comcast.net
Assisting women newly diagnosed with breast cancer make informed, confident, creative and life affirming movement toward recovery.

Ruthi Bozman Moss A
Project Manager, Corporate Wellness
American Specialty Health
2287 Oxford Avenue
Cardiff, CA 92007
ruthim@ashn.com

Patricia Brown, MS, LMFT A
Psychotherapist
609 Oak Street
Roseville, CA 95678
(916) 788-0333 or (916) 652-4488 or (916) 712-4883
patti.c.brown@gmail.com
www.wellnesswithin.org

William Cantrell, MDiv, BA Marketing A
Staff Chaplain
Naval Medical Center San Diego
34800 Bob Wilson Drive
San Diego, CA 92134
(619) 532-6025
william.cantrell@med.navy.mil

Paula Carmona, RN, CNS A
Clinical Nurse Specialist
Department of Veteran Affairs

5202 Cobb Place
San Diego, CA 92117
(858) 552-8585
pcarmona2000@yahoo.com

Jnani Chapman, RN, BSN, CMT, CYT

A

Integrative Medicine Specialist
Osher Center for Integrative Medicine
1701 Divisadero Street, Suite 150
San Francisco, CA 94115
(415) 353-7720
jnanichapman@gmail.com

Jody Conn, MS, PAC

A

GLA VHA Administrative Medicine Program Manager
Veterans Affairs Greater Los Angeles Healthcare System
11301 Wilshire Boulevard
Building 500, Room 1B014, Mail Code 10C1
Los Angeles, CA 90073
(310) 268-3691
jody.conn@va.gov

Connie Corley, PhD, LCSW

C

Osher Lifelong Learning Institute
California State University
Los Angeles, CA
(323) 343-4746
mysticalprofessor@yahoo.com

Connie runs mind-body skills groups for older adults. She is offering a course at the Lifelong Learning Institute. She is also available for coaching.

Mary Beth Cowell, BS, Psych

A

Counselor
15225 Airport Road
Nevada City, CA 95959
(530) 798-9878
marybethcowell@msn.com

Keirre Da Luz, MSW, LCSW

A

Social Worker
3550 La Jolla Drive
San Diego, CA 92161
(858) 642-1011
keirre.daluz@va.gov

Dale Dallas, MD

A

Addiction Psychiatrist
Kaiser Permanente
1425 S Main Street
Walnut Creek, CA 94596
(925) 295-5270
dale.dallas@kp.org

<p>Chris Davis 949 Filbert Street, #1 San Francisco, CA 94133 cmdsaferroutes@earthlink.net</p>	<p>A</p>
<p>Rachel Donaldson, LCSW, RYT-500 The Mind-Body Treehouse 2042 Walnut Avenue Venice, CA 90291 (310) 968-7438 mindbodybreath@gmail.com <i>Rachel offers an integrative approach to healing, taking her training and tailoring it to the wants and needs of the client. Psychotherapy, classes and coaching are offered as well as meditation/mindfulness training and yoga therapy sessions. Mind-body skills groups open to the public with special mind-body programs for mothers.</i></p>	<p>C</p>
<p>Annamarta Dostourian, BA in Psychology Art Teacher Creative Growth Art Center 1970 San Pablo Avenue, #16 Berkeley, CA 94702 (510) 910-7148 annarradha17@aol.com</p>	<p>A</p>
<p>Marena Drlik, BS Women's Health Coach Whole Life Health 2377 Walnut Street Livermore, CA 94551 (925) 455-1378 drlik@inreach.com</p>	<p>A</p>
<p>Maria Elevado, MD, FAAP Pediatrician Salud Para La Gentes Watsonville, CA (831) 600-5409</p>	<p>A</p>
<p>Joyce Everett, MFT 9012B Campina Drive La Mesa, CA 91942 (619) 277-1704 jkbe64@cox.net</p>	<p>A</p>
<p>Regina Faridnia, LCSW County of Santa Clara 373 W Julian Street San Jose, CA 95110 (408) 975-5516 peach0604@aol.com</p>	<p>A</p>
<p>Dolores Fazzino, DNP, RN Nurse Practitioner</p>	<p>A</p>

Prepare Me 4 Surgery
1622 Pleasant Place
Encinitas, CA 92024
dfazzino@sbcglobal.net

Karina Foote, RN, MSN, PHN

A

Holistic Health Self Efficacy
51 Silverwood Drive
Lafayette, CA 94549
(925) 588-1166
karinafoote@yahoo.com

Nina Fry, MA

A

Clinical Research Coordinator
Mind Body Medicine Research Institute
3792 Harrison Street, Apartment #22
Oakland, CA 94611
fryn@cpmcri.org

Nancy Gee, RN, BSN

A

1221 Wycliffe
Irvine, CA 92602
waiverly176@yahoo.com

C Bayly Grant, MS, PhD

A

Body Incorporated
1103 Johnson Avenue
San Luis Obispo, CA 93401
(805) 546-8278
cbgrant@bodyincorporated.com

Crystal Green, PhD, Lic MFT

A

Private Integrative Therapy Practice
1807 Robinson Avenue
San Diego, CA 92103
(619) 318-6573
cgreenmft@hotmail.com

Heather Hall, MD

A

Associate Clinical Professor of Psychiatry
University of California, San Francisco/San Francisco General Hospital
1001 Portero Avenue, 7M
San Francisco, CA 94110
(415) 206-4406
heather.hall@ucsf.edu

Katie Hanlon, LCSW

A

Volunteers of America
622 South Wall Street
Building C119
Los Angeles, CA 90014
(213) 507-0784
khanlon@voala.org

<p>Therese Harris Clinical Services Director San Diego Veterans Affairs Health System 1107 Arcadia Road Encinitas, CA 92024 harristherese@att.net</p>	<p>A</p>
<p>Ryan Harrison, MATP Be Whole. Be Well. 2247 3rd Street La Verne, CA 91750 bewholebewell@aol.com</p>	<p>A</p>
<p>Susan Harvey, DO Psychiatrist 4011 Hamilton Street San Diego, CA 92104 susan.harvey@med.navy.mil</p>	<p>A</p>
<p>Andrea Heller, MA Metagenics Inc 100 Avendia La Pata San Clemente, CA 92673 (949) 369-3386 or (253)509-0997 or (323)314-6324 heller116@comcast.net</p>	<p>A</p>
<p>Raneth Heng, MD Scripps Center for Integrative Medicine 10820 N Torrey Pines Road, FC2 La Jolla, CA 92121 (858) 554-3348 heng.raneth@scrippshealth.org</p>	<p>A</p>
<p>Barb Jackson, CMT 3665 Warwick Road Fremont, CA 94555 barbbarbj@hotmail.com</p>	<p>A</p>
<p>Samina Khwaja, MD PO Box 14883 Irvine, CA 92623 mindbodyMD@gmail.com</p>	<p>A</p>
<p>Jerrold Kimmel, RN, MA The Root & The Branch 2049 Sacramento Street, Suite 2 San Francisco, CA 94115 (415) 971-3204 jerroldkimmel@mac.com <i>Jerrold integrates massage therapy, mind-body techniques and other holistic modalities in assisting her clients in attaining physical, emotional and spiritual health. She currently practices in a holistic wellness center in San Francisco offering an integrative approach for health and healthy aging as well as with</i></p>	<p>C, F</p>

clients around the country in her program Filling Up On Wholeness, a personal inquiry into emotional eating.

Trish Kirschner, BSW

A

Energy Healer
1421 Yale Street, #4
Santa Monica, CA 90404
(310) 315-1107
avalon1967@yahoo.com

Deborah Klein, MS, RD

A

Registered Dietitian
The Livitician Network
333 S Reeves Drive, #101
Beverly Hills, CA 90212
deborah@livitician.com

Joel Kreisberg, DC, MA

A

The Teleosis Institute
1521B 5th Street
Berkeley, CA 94710
(510) 558-7285
drkreisberg@teleosis.org

Michelle LaMasa-Schrader, PhD in Progress

A

Mind-Body Practitioner
Private Practice
377 E Italia Street
Covina, CA 91723
(626) 494-3333
schrader0214@me.com

Alan Larson, MD

A

Gastroenterologist
Palomar Pomerado Health
18345 Bernardo Trails Drive
San Diego, CA 92128
(858) 451-2149
doctorlarson@gmail.com

Rashida Lee

A

Student
Saybrook Graduate School and Research Center
11240 Golf Links Road
Oakland, CA 94605
rashida_lee@yahoo.com

Susan Lindau, MSW, LCSW

A

Military Family Life Consultant
PO Box 49210
Los Angeles, CA 90049
(310) 440-2021
stlindau1@verizon.net

Luz Machado**A**

Occupational Therapist
VA Long Beach Healthcare System
5901 E 7th Street Mail code 10-117/0
Long Beach, CA 90822
(562) 826-8000 x3835 or (562) 218-8899
luz.machado@va.gov

Kelsey Menehan, MS, LCSW-C**C, F**

Private Practice Psychotherapist, Writer on Health Topics
4377 24th Street
San Francisco, CA 94114
(202) 368-3869
kmenehan@msn.com

Kelsey offers individual sessions and occasionally groups using mind-body approach. She has taught at most of the Center's Mind-Body Medicine professional trainings here in the United States. She is also one of only three faculty members to have taught in Kosovo, Gaza, and Israel in our global trauma outreach programs.

Latifu Munirah, MSW, PhD**A**

Clinical Social Worker
5601 Natomas Boulevard, #1308
Sacramento, CA 95835
(916) 207-1449
Latifu_97@hotmail.com

Francisco Munoz, MA, BCCC**A**

Chaplain Supervisor
Pomona Valley Hospital Medical Center
1351 Tulane Road
Claremont, CA 91711
(909) 630-7697
fmunoz007@verizon.net

Ruth Murphy, MSW, LCSW**A**

Clinical Social Worker
VA Healthcare System
3350 La Jolla Village Drive
San Diego, CA 92161
(858) 642-6316
ruth.murphy2@va.gov

Joy Nakaatari, LMFT**A**

Therapist
1519 2nd Street, C305
Coronado, CA 92118
(714) 612-1345
mindbodybalancemft@gmail.com

Onamare Newsom, RD**A**

Holistic Registered Dietitian
FoodtalkRD

3983 East Boulevard
Los Angeles, CA 90066
ecologynutrition@yahoo.com

Natasha Pantti Dulberg, MA, MFTI

A

Mental Health Case Worker
San Diego Unified School District
5571 Mission Center Road, #206
San Diego, CA 92108
(858) 496-1655
npantti@sandi.net

Deb Parziale, MS, RN

A

Ohlone College
43600 Mission Boulevard
Fremont, CA 94539
(510) 659-6026
dparziale@ohlone.edu

Gianina Pellegrini, MA

A

Richmond, CA 94801
(510) 230-7474
Gianina.Pellegrini@gmail.com

Susan Pelzel, RN

A

1585 Tecalote Drive
Fallbrook, CA 92028
sofiegrlrn@aol.com

Cherimarie Poulos, RN

A

CT Case Manager
San Diego Veterans Healthcare System
625 Lancashire Place
San Marcos, CA 92069
(760) 798-4538
cherimarie@cox.net

Debby Reaghard RN, MSN, CRNP

C

1521 5th Street, Suite B
Berkeley, CA 94710
(510) 798-3902
dreaghard@comcast.net

Debby specializes in older adults, wellness and mental health. She provides Integrative approaches including mind-body medicine, nutrition, integrative imagery and energy/bodywork. She facilitates both mind-body skills groups and individual counseling.

Tina Roach-Gagnon, DC

A

Senior Physician
Santa Rita Chiropractic
7174 Santa Teresa Boulevard, Suite A7
San Jose, CA 95139
(408) 972-5686
DrTinaDC@aol.com

Carolyn Roberts, PhD/MFT

A

Psychotherapist
11911 San Vicente Boulevard, Suite 242
Los Angeles, CA 90049
(310) 476-6610
info@drcarolynroberts.com
www.drcarolynroberts.com

Neha Sangwan, MD

C, F

Intuitive Intelligence
1108 Page Street
San Francisco, CA 94117
(415) 823-2486
info@intuitiveintelligenceinc.com
www.intuitiveintelligence.com

Virginia Schoenfeld, MPH, PhD, BCC

A

CEO/Founder
The B.R.E.A.T.H. Center
910 South Camino Real Ste G-8
San Clemente, CA 92673
(949) 584-0728
yourwellnesscoach@cox.net
www.wellnessvibrations.com

Tamami Shirai

A

2630 Torrey Pines Road, E22
La Jolla, CA 92037
tamamishirai@yahoo.co.jp

Angeline Siegel

A

16700 Laurel Road
Los Gatos, CA 95033
angelinemarie@me.com

Jon "Jes" E Siiteri

C

Mill Valley, CA
mindbodywellness@comcast.net

Jes will see adults interested in a holistic approach to wellness. His focus is on men with BPH, prostatitis, chronic pelvic pain, and prostate cancer, before and after treatment. He facilitates mind-body skills groups and collaborates with alternative health practitioners at the Wellness Center, Mill Valley, CA.

Nicky Silver, DC

A

Chiropractor, Craniosacral Practitioner
2718 Telegraph Avenue
Berkeley, CA 94618
(510) 808-4125
nickysilver3@mac.com

Sharon Simrin, RN, MSN, ANPBC

A

Nurse Practitioner
Veterans Affairs Long Beach

5901 E 7th Street
Long Beach, CA 90822
(562) 826-8000
sharon_simrin@yahoo.com

Angela Simms, RN

House Supervisor
Kaiser Permanente
2440 Crocker Way
Antioch, CA 94531
(510) 752-8856
simmsrn@gmail.com

A

Clifford Smyth, GCFT

Feldenkrais Practitioner, Coach
Learning for Health
478 30th Street
San Francisco, CA 94131
(415) 824-1980
smythcliff@gmail.com

A

Ruthi Solari

Nutritionist, Executive Director
SuperFood Drive
2287 Oxford Avenue
Cardiff, CA 92007
ruthisolari@gmail.com

A

Laura Taylor

Mind-Body Coach, Life Coach, EFT Practitioner, Hypnotherapist
870 Market Street, Suite 349
San Francisco, CA 94102
(415) 494-5659
Taylorlaura@mac.com
www.LauraETaylor.com

A

Gina Vance, CMHT, CCHT, RBT

Mind Body Skills Trainer
1724 G Street
Modesto, CA 95354
(209) 527-9761
ginavance.com@earthlink.net

A

Bertrand Vandeville, DO

Family Medicine, Osteopathic Medicine
Marin Community Clinic
655 Redwood Highway, Suite 160
Mill Valley, CA 94941
(415) 380-0630
bvandeville@aol.com

A

Selene Vega, PhD/LMFT

PO Box 1691

A

Santa Cruz, CA 95061
(831) 234-7823
selene@spiritmoving.com
www.spiritmoving.com

Kathleen Warren

A

4572 Long Branch Avenue
San Diego, CA 92107
jkwarren@cox.net

Eva Weinlander, MD

C

Clinical Associate Professor of Medicine Stanford Family Medicine
Stanford University Medical School
300 Pasteur Drive, N329
Palo Alto, CA 94305
(650) 723-6963

Eva is a family physician who currently leads mind-body medicine courses for medical students and physicians. Other patients and community members are encouraged to contact Dr. Weinlander regarding formation of mind-body skills groups.

Gayle Wheeler, LMSW

A

Veterans Affairs San Diego Healthcare System
1830 West Drive, #104
Vista, CA 92083
(760) 643-2073
gayle.wheeler@va.gov

Pamela Whiting, BSN, RN

A

Anxiety Disorder Coordinator
637 Cantara Lane
Vista, CA 92081
(858) 642-1256
mspygirl@yahoo.com

Tiffany Willey Kahn, MA

A

Administrative Associate
Saybrook University
4309 Ross Road
Sebastopol, CA 95472
(707) 260-5338
twilleykahn@gmail.com

Diane Williams, MFA

A

Surgery Scheduler
Kaiser Hospital
1425 South Main Street
Walnut Creek, CA 94510
(925) 295-4875
zioniani@yahoo.com

Clarita Wooldridge, BSN MSN MDIV

A

Wooldridge Health Organization
395 Taylor Boulevard, Suite 120

Pleasant Hill, CA 94523
(925) 389-6995
wclarita@aol.com

Julia Zarcone, MA, CMT

A

California Institute for Integral Studies
1453 Mission Street
San Francisco, CA 94103
(415) 575-6220
jzarcone@ciis.edu

COLORADO

Maryann Bower, MD

A

Self-employed
Family Practice
1560 MacArthur Drive
Boulder, CO 80303
(303) 440-0896
mlbower@pol.net

Jacqueline Calderone, MD

A

Psychiatry Intern
1470 S Quebec Way
Denver, CO 80231
(303) 522-8681
jacqueline.calderone@gmail.com

Allison Dodge, LAc, DiplAc, MAc

A

Acupuncturist
2500 30th Street, Suite 201
Boulder, CO 80301
(303) 818-5507
www.alliedodgeacupuncture.com

Judith Harrison, MD

A

Out-patient Family Medicine
La Plata Family Medicine
3235 N Main Avenue
Durango, CO 81301
(970) 259-3110
jharrisonmd@durango.net

Chanel Helgason, MD

C

600 17th Street, Suite 2800 S
Denver, Colorado 80202
(720) 515-1315
info@synergenius.biz
<http://www.synergenius.biz/>

Dr. Helgason is the Founder and Director of Synergenius Telepresence. Synergenius offers integrative mental health consultations, mind-body medicine consultation and coaching, stress management classes, and Mind-Body-Spirit groups

Judy Heller, MD**A**

Retired
Littleton, CO
helmul@comcast.net

Lisa Lees**A**

US Air Force
1278 Pomegranate Lane
Golden, CO 80401
(720) 563-1854 or (303) 526-9273
lisamlees@yahoo.com

Jennifer Leonard, LAc, MSTOM**A**

Acupuncturist
Saybrook University
4237 Decatur Street
Denver, CO 80211
jlleonard64@gmail.com

Robert Ray, MA, LAC**A**

Clinical Therapist Supervisor
Intervention, Inc
5600 Arapahoe Avenue, #100
Boulder, CO 80303
(720) 810-6456

Tina Staley, MSW**F**

Cancer Guide
Aspen Valley Hospital Pathfinders
0401 Castle Creek Road
Aspen, CO 81611
(970) 544-7343
tstaley106@aol.com

We provide psychosocial support for out-patient oncology care. We integrate the use of mind-body approaches in patient care, including the use of alternative modalities. We embrace a wide range of services including both group support and individual counseling. Tina is a member of the Center's CancerGuides[®] faculty.

Richard Steinberg, MD**C, F**

Co-Navigating the Cancer Journey
95 Camino Bosque
Aspen, CO 80302
(303) 938-5097
rsteinberg108@msn.com

Rick is a physician and cancer survivor who combines conventional and complementary approaches to finding ones way back to health. He helps people explore conventional options of working with cancer combined with nutritional, energetic and psycho/spiritual modalities. He is not currently running any mind-body skills groups. Rick is a member of the Center's CancerGuides[®] faculty.

Jamie Teague**A**

4884 Brandon Creek Drive
Boulder, CO 80301
jamiemteague@gmail.com

Jenny Vanderlinden, MSW

Biopsychosocial Therapist
4400 Greenbriar Boulevard
Boulder, CO 80305
jkrie@hotmail.com

A

CONNECTICUT

Joan Aronson, MS, LPC, BCIACEEG

Neurotherapist
MindTech Neurofeedback
19 Overlook Drive
Greenwich, CT 06830
(203) 661-6691
mindtech@optonline.net

A

Lilly-Marie Blecher, ND, MSOM, DOM, Lac

Naturopathic Physician/Doctor of Oriental Medicine
Hamden, CT
drlillymarie@gmail.com
www.drlillymarie.com or www.naturalhealthct.com

A

Deanna Cherrone, MD

Natural Health & Healing, LLC
12 W Main Street
Avon, CT 06001
(860) 677-4600
drcherrone@naturalhealthandhealing.net

A

Latha Chirunomula, MD

Physician
Norwalk Hospital
51 Wick's End Lane
Wilton, CT 06897
(203) 834-0203
latti27@gmail.com

A

Monique Class, MS, APRN, BC

The Center for Women's Health
1011 High Post Road
Stamford, CT 06905
(203) 321-0200
monique@centerforwomenshealth.com
www.centerforwomenshealth.com

C, F

Monique runs mind-body skills groups for women. She is a faculty member at the Center's Mind-Body Medicine and CancerGuides® professional trainings in the United States.

Ruth Ann DeSantis

35 Copper Beech Road
Greenwich, CT 06830
(203) 622-7164
ruthanndesantis@yahoo.com

A

Virginia DeSiena, DDS
38 Powderhorn Drive
Ridgefield, CT 06877
(914) 769-1816
drdesiena@yahoo.com

A

Joel Evans, MD
The Center for Women's Health
1011 High Post Road
Stamford, CT 06905
(203) 321-0200
joel@drjoelevans.com
www.centerforwomenshealth.com

C, F

Joel provides OB/GYN consultations in the office and/or by telephone. Joel is a senior faculty member of the Center's professional training programs.

Jeanne C Folks, DMin, LPC
Psychotherapy EMDR
CT Psychotherapeutic Resources
12 Old Farms Road
Avon, CT 06001
(860) 678-8779
folksj@juno.com

A

June Hyjek, BBA, Marketing
President
Meridian Health & Fitness, LLC
131 Pinney Hill Road
Willington, CT 06279
(860) 985-9850
jhyjek@earthlink.net

A

Tanya Malse
Labor Relations Dispute Arbitrator
74 Summer Street, 1st Floor
Southington, CT 6489
Tanyajmalse@aol.com

A

Henri Roca, MD
Integrative Medicine, Stress Management, Acupuncture
Greenwich Center for Integrated Medicine
35 River Road
Cos Cob, CT 06807
(203) 863-3615
henriroca@aol.com

A

Susan Scheufele, EdM, CAS, LPC
Private Practice
1305 Post Road, Suite 206
Fairfield, CT 06824
(203) 858-8182
sscheuff@optonline.net

C

Susan is a psychotherapist and licensed professional counselor in private practice. She integrates mind-body skills in her practice for individuals coping with stress and life changes. She runs mind-body skills groups open to everyone in Fairfield County (CT) and Westchester County (NY).

Myra Skluth, PhD, MD, FACP

C

Arbor Medical Group, LLC
10 Mott Avenue, Suite 3A
Norwalk, CT 06850
(203) 866-4455
mkskluthmd@gmail.com

Myra Skluth is Board Certified in Internal Medicine and Geriatrics. She takes a holistic approach to medical evaluation, and treatment, looking at nutritional imbalances and deficiencies and psycho-social issues in addition to standard medical data to help her patients achieve optimal health. She incorporates mind-body techniques into her traditional internal medicine practice. She is currently running mind-body skills groups which are open to all.

Amelia Villagomez, MD

A

Psychiatry Resident
Yale University
86A Howe Street
New Haven, CT 06511
(979) 571-1163
avillagomez9@gmail.com

DISTRICT OF COLUMBIA

Hakima Amri, PhD

A

Director, CAM/Physiology Program
Georgetown University Medical Center
3900 Reservoir Road, NW
Washington, DC 20007
(202) 687-8594
amrih@georgetown.edu

Alexandra Arbogast

A

4537 Lowell Street, NW
Washington, DC 20016
alexandraarbogast@hotmail.com

Pamela Birchett, MSW, LCSW

A

Clinical Social Worker
Magellan Health Services
648 Pickford Place
Washington, DC 20002
oyabiyii@mac.com

Barbara Black, NCBTMB

C, F

904 East Capitol Street, NE
Washington, DC 20003
(202) 340-8355
barbarakerrblack@gmail.com

Barbara is a cancer guide, SoulCollage® facilitator and nationally certified massage therapist, A cancer survivor herself, Barbara uses journaling, movement, and SoulCollage® with her clients for exploring self-

awareness and healing. Barbara is currently running Mind-body skills groups for people living with cancer and their caregivers.

Christine Bragg, M.Ed, CCLS, CEIM

A

Child Life Specialist
Children's National Medical Center
111 Michigan Avenue NW
Washington, DC 20010-2970
(301) 585-1754
cbragg@childrensnational.org

Katie Capano, FNP, RN

A

Doctors Without Borders/Mary's Center
4418 14th Street NW
Washington, DC 20011
(302) 757-4631
hydrokates@hotmail.com

Mark Chapin, PhD, LISW

A

Board Certified Diplomate in Clinical Social Work
Walter Reed Army Medical Center
6900 Georgia Avenue, NW
Washington, DC 20307
(202) 356-1012 x25893
mark.chapin@amedd.army.mil

Dia Costello, LCSW-C

LP

5402 Connecticut Avenue, NW
Washington, DC 20015
(301) 538-7784
<http://www.diaclaire.com/>

A traditionally trained psychotherapist, Dia has a myriad of energy methods she uses to help guide her clients towards healing.

Timothy Eden, MSW

A

Assistant to the Director
The Center for Mind-Body Medicine
5225 Connecticut Avenue, NW, Suite 415
Washington, DC 20015
(202) 966-7338
teden@cmbm.org

Christian Gregory, DC

LP

4123 Connecticut Avenue, NW
Washington, DC 20008
(202) 265-6000
<http://www.washingtonspineanddisc.com/>
Our staff's fave chiropractor.

Natalie Greenleaf-Zimmerman, LCSW-C

A

Psychotherapist
4000 Cathedral Avenue, NW Apartment 714B
Washington, DC 20015

(202) 258-0331
nsgreenleaf@aol.com

Jeffrey Haggquist, DO LP

QuistMD - Flexibility, Sports, and Rehabilitation Clinic

5506 Connecticut Avenue, NW

Washington, DC 20015

(202) 244-8222

<http://www.quistmd.com/>

A maestro of everything muscular-skeletal, Dr. Haggquist and his therapists work with Active Isolated Stretching (AIS).

Christina Keen, MSW A

Case Manager

Washington Literacy Council

1918 18th Street, NW Suite B2

Washington, DC 20009

(202) 387-9029 or (240) 370-7181

peacefulchristina@yahoo.com

Karen Kuehl, MD, MPH A

Professor

Children's National Medical Center

111 Michigan Avenue, NW

Washington, DC 20010

(202) 884-5563

kkuehl11@earthlink.net

Mark McClure, ND, DDS LP

National Integrated Health Associates

Holistic Family Dentistry

5225 Wisconsin Avenue, NW

Washington, DC 20015

(202)237-7000

www.nihadc.com

Focusing on family, biological and cosmetic dentistry.

Judith Ross, CCLS, CIEIM A

Certified Child Life Specialist

Children's National Medical Center

111 Michigan Avenue NW

Washington, DC 20010

Ali Safayan, MD LP

Karen Threlkel, ND LP

Restorative Health

4801 Wisconsin Avenue, NW

Washington, DC 20016

(202) 244-6661

<http://restorativehealth.org/>

A wonderful integrative medical practice. They listen! And they care.

Lynne Shaner, MA, CHT A

Director
Praxis
2500 Q Street NW, #445
Washington, DC 20007
(202)746-2245 or (202) 333-0478
lynne.shaner@gmail.com
www.eftpraxis.com

Rima Shaffer, PhD

A

Life and executive coach
Shaffer Synergistics
1303 Geranium Street, NW
Washington, DC 20012
(202) 291-5940
rima1shaffer@verizon.net

Michae F Shea, MSW

A

4801 Wisconsin Avenue, NW, Suite 505
Washington, DC, 20016
(202) 966-0575
michael@mfshea.com
www.mfshea.com

DELAWARE

Deborah Miller, MSW, LCSW

A

Owner, Therapist
Lighthouse Therapy Center
30838 Vines Creek Road
Dagsboro, DE 19939
daliotomiller@gmail.com

Ellyn Hutton, BSN, RN, LMT

A

Owner Wellness Within by Ellyn
Wellness Within by Ellyn, LLC
2426 Riddle Avenue
Wilmington, DE 19806
(302) 427-2282 or (302) 383-5500
ellynh@rcn.com
www.wellnesswithinbe.com

Konrad Noebel, MCAT, LMT, NCTMB

A

Massage Therapist/Mind-Body Health
Bodymind
26 B Baltimore Avenue
Rehoboth Beach, DE 19971
(302) 226-8833
konrad@bodymindrehoboth.com
www.bodymindrehoboth.com

FLORIDA

Elizabeth Bornstein, MSSA, LCSW

A

Expressive Arts Therapy
PO Box 5628
Sarasota, FL 34277
(941) 376-7258
elizabeth@expressiveartsflorida.com

Bob Buckley, LCSW

C, F

Senior Clinical Supervisor for The Center for Mind-Body Medicine
14 NE 5th Street
Del Ray Beach, FL 33444
(561) 330-8636
rbuc2003@yahoo.com

Bob is a senior member of our Mind-Body Medicine and Global Trauma Relief faculties and also conducts supervision for individuals in our Certification program. He has a private practice coaching people, by phone or in-person, on "how to live with compassion without falling into compassion fatigue," "self-care and care for others," "interpersonal relationships/conflicts," "tapping into your intuitive powers and how to use them," "work/career transitions," "incorporating spirituality into our lives" and "living a life with authenticity."

Douglas Canterbury Counts, PhD

A

Sacred Psychology
Center for Sacred Psychology
1365 18th Street, Suite 3
Vero Beach, FL 32960
(772) 569-2239
sacredpsyc@aol.com

Breanne Cullen, LMT

A

Massage Therapist
Mahima Wellness Center
10651 SW 88th Street
Miami, FL 33176
(305) 596-0858
www.mahimaforlife.com

Griselda Hale, BS

A

Volunteer Child Advocate
Guardian Ad Litem Program
7201 SW 7th Street
Plantation, FL 33317
(954) 831-6214
smalah@comcaStnet

Lana Hudson, MA, MHC

A

Life Coach/Restaurant owner
445 Rosemeade Lane
Naples, FL 34105
(239) 434-7731
lane@lanahudson.com

Thomas Hudson, MD

A

Radiologist
445 Rosemeade Lane

Naples, FL 34105
drtom@tdhudson.com

Caryl Keating, Licensed Psychologist

A

Psychologist
Integrative Psychology
160 Congress Park Drive, Suite 110
Delray Beach, FL 33445
(561) 859-6767
drk@drcarylkeating.com

Sarah Lord, MD

A

Integrative Holistic Care
Transformative Health
2504 W Azeele Street
Tampa, FL 33609
(813) 873-4092

Mary Angela Murphy

A

6660 Estero Boulevard, Apartment 803 B
Fort Myers Beach, FL 33931
angela2murphy@yahoo.com

Avn Sturm, MBA/MPAHSPC

A

4969 SW 74th Court
Miami, FL 33155
avnsturm@3rdi.com

Frances Zappalla, DO

A

Pediatric Cardiologist
Nemours Cardiac Center
Al du Pont Hospital for Children
1600 Rockland Road
Wilmington, DE 19899
(302) 651-6600

GEORGIA

Orrin Ahola, MD

A

5200 Dallas Highway, Suite 200-163
Powder Springs, GA 30127
(678) 778-0200
orrin.ahola@gmail.com

Angela Baker

A

1060 Hull Road
Athens, GA 30601
acbaker999@gmail.com

Sue Blewett, MBBCh, MD

A

Alpharetta Integrative Medicine
210 Croyton Terrace
Alpharetta, GA 30004

(678) 339-0428
piersblewett@yahoo.com

LaVera Forbes

A

Director of Corporate University
Goodwill Industries
547 Creekstone Drive
Lake Spivey, GA 30236
laveraforbes@bellsouth.net

Cindy Foster, LCSW, ACSW

A

Mind Body Stress Reduction Programs, LLC & Mindful Sounds Recordings
111 Spring Lakes Drive
Martinez, GA 30907
(706) 496-3935
mindfulsounds@mac.com

Valarie Gardner, LCSW

A

Army Fort Benning
30 Leaf Brook Court
Midland, GA 31820
(706) 626-2632
valarie.gardner@us.army.mil

Linda Hall, RN

A

Alpharetta Integrative Medicine
Woodstock, GA 30188

Marc Husid, MD

A

Chief, Neurology
Dwight D Eisenhower Army Medical Center Neurology
646 Surrey Lane
Martinez, GA 30907
(706) 787-2697
marc.husid@us.army.mil

Karen Leaman, PsyD

A

Clinical Psychologist
331 Wave Hill, #105
Martinez, GA 30907
(815) 600-2009
kleaman@aol.com

Christopher Stallard

A

Saybrook Student
2874 Payton Road NE
Atlanta, GA 30345
mcstal@bellsouth.net

HAWAII

Brooke Brown, PhD

C

PO Box 790027

Paia, Maui, HI 96779
(808) 575-7838
brooke@brookebrownphd.com
www.brookebrownphd.com

Dr. Brown's goal is to help people bring balance to their lives and to offset the negative effects of stress. She coaches adults whose challenges may include depression, anxiety, and illness, and particularly enjoys working with care providers, both professionals and non-professionals. Currently, she is not running any mind-body skills groups but is available for individual consultation in person or by telephone.

Judy Hill Aleman, MS

A

Student & University Faculty
Saybrook Graduate and Research Center
2709 Laniloa Road
Honolulu, HI 96813
(808) 223-0829
judyhill@email.phoenix.edu

Stephanie Misaki Whiting, LMHC, MS

C, F

4477 Emmalani Drive
Princeville, HI 96722
(808) 826-6891

Stephanie leads mind-body skills groups, while also integrating mind-body skills into individual counseling. Group members deal with concerns such as panic and phobias, depression, disordered eating, social anxiety, chronic illness, grief and caregiver stress. She brings a wellness philosophy into her counseling practice. She is a board member of the Hawaii Counseling Association.

Nancy Piper

A

756 Ocean View Drive
Honolulu, HI 96816
(808) 438-5492
Sailornance@gmail.com

George Sakakini, MD

A

85 Wilikoki Place
Kailua, HI 96734
gcsakakini@yahoo.com

Kathleen Stroman

A

Massage Therapist
Self Employed
78-6800 Aii Drive, #7-304
Kailua-Kona, HI 96740
kathleenastroman@gmail.com

IDAHO

Debra Mulnick, RN, E-RYT500

A

St Luke's Regional Medical Center
141 Skylark Drive
Boise, ID 83702
(208) 860-9873
dmulnick@cableone.net

ILLINOIS

Valerie Butter Braschel, MS, BCIAC/Senior Fellow **A**

Biofeedback Therapist
Oasis Center for Health
201 E Ogden Avenue, Suite 115
Hinsdale, IL 60521
(630) 469-5447
v.braschel@oasiscenterforhealth.com

Kit Lee, MD **A**

22900 Sun River Drive
Frankfort, IL 60423
klee2@lumc.edu

Leslie Lloyd, PhD **A**

Counselor
Southern Illinois University Carbondale
129 Lindegren Hall, MC 6516
Carbondale, IL 62901
(618) 453-5528
llloyd@siumed.edu

Lilita Matison, MSW **C, F**

PO Box 81672
Chicago, IL 60681
(312) 823-2702
lilitamatison@yahoo.com
www.relaxationtherapies.net

Lilita runs mind-body skills groups open to everyone. She is also a faculty member for the Center's Mind-Body Medicine professional training programs in the United States and is an adjunct lecturer at the University of Latvia.

Betsy Murphy, RN **A**

Integrative Health/Yoga Therapist
Integrative Pathways to Healing
540 Frontage Road, Suite 1035
Northfield, IL 60091
yogahealthrn@yahoo.com

Anne Rossen, MA/LCPC **A**

Psychotherapist
Kaleidoscope LifeWorks, LLC
484 Central Avenue, Suite 208
Highland Park, IL 60035
(847) 433-8733
aerossen@comcast.net

Janice Zeller, PhD, RN, FAAN **A**

Professor
Rush University College of Nursing
600 S Paulina Street, Suite 1080AR
Chicago, IL 60612

(312) 942-6205
janice_m_zeller@rush.edu

INDIANA

Maria Crutchfield, BSN/RN **A**
622 E 47th Street
Indianapolis, IN 46205
(317) 283-3122 or (317) 258-3069
mcrutchf@aol.com

Roy Geib, PhD **A**
Professor
School of Medicine, Indiana University
Holmstedt Hall, Room 135
Terre Haute, IN 47809
(812) 237-8313
rgeib@iupui.edu

Suzanne Kunkle, Psychologist **A**
Director of Counseling Services
Indiana University School of Medicine
1111 W 10th Street, PB 230
Indianapolis, IN 46202
(317) 278-4750
sukunkle@iupui.edu

Kimberly Martin, PsyD **A**
Lead Psychologist
Correctional Medical Services
1717 N Talbott Street, #4
Indianapolis, IN 46202
(317) 809-6388
kimberlymmartin@yahoo.com

Alisha Smith **A**
Saybrook PhD Student
8212 S Quarter Moon Drive
Pendleton, IN 46064
(317) 221-2455 or (317) 698-0395
aischiffli@yahoo.com

William Sobat, MD **A**
Director
Clarian West Medical Center
Integrative Care Center
1111 Ronald Reagan Parkway
Avon, IN 46123
(317) 217-3675
wssobat@yahoo.com

IOWA

<p>Patricia Bayles, BS, MA Leadership Development Coordinator Mercy Medical Center Organizational Development 701 10th Street SE Cedar Rapids, IA 52403 (319) 8617824 pbayles@mercycare.org</p>	<p>A</p>
<p>Doralyn Benson, MSW, LISW Manager, Social Services St Luke's Hospital 1026 A Avenue NE Cedar Rapids, IA 52406 (319) 369-7305 bensonda@crstlukes.com</p>	<p>A</p>
<p>Kristi Cooper, BS, MS, Grad Certificates Family Life Specialist Iowa State University Extension 3279 7th Avenue, Suite 140 Marion, IA 52302 (319) 377-9839 kcoop@iastate.edu</p>	<p>A</p>
<p>Joyce Dungan, BASW Counselor 250 Cimarron Drive, Unit 309 Hiawatha, IA 52233 (319) 929-3103 jadunganja2@aol.com</p>	<p>A</p>
<p>Betty Hibler, MD, DABIHM, DABMA 915 13th Avenue N Clinton, IA 52732 (563) 519-1873 wellnesslifestyle@mchsi.com <i>Dr. Hibler is certified in mind-Body skills, and is board certified in both Integrative holistic medicine and medical acupuncture. She has an integrative medicine practice specializing in bioidentical hormone therapy for both men and women, and medical acupuncture. One of her special interests is acupuncture for sports medicine, since she is a marathon runner and triathlete herself. She also is interested in teaching lifestyle changes for the prevention of illness. She is not currently running mind-body skills groups.</i></p>	<p>C</p>
<p>Brooke Kriegel, AA Executive Director Churches United, Inc 1035 3rd Avenue SE, Suite 202 Cedar Rapids, IA 52302 (319) 366-7163 churchesunited@yahoo.com</p>	<p>A</p>
<p>Helen Kudos, MSW, LISW</p>	<p>A</p>

Social Worker Clinician
Mercy Medical Center
701 10th Street SE
Cedar Rapids, IA 52403
(319) 398-6575
hkudos@lcom.net

Judith Pedersen-Benn, MS, CADC

C, F

307 22nd Street NE
Cedar Rapids, IA 52402
(319) 364-4709
jpedersen@imonmail.com

Judith works in counseling. She currently runs mind-body skills groups open to anyone. She also runs groups for substance abuse agencies and works individually with hospice participants and family members.

Elisabeth Robbins, PhD, LMFT, LMHC

A

Supervisor, St Luke's Counseling Center
St Luke's Hospital
1077 N Center Point Road
Hiawatha, IA 52233
(319) 369-8261
robbinem@crstlukes.com

Susan Stannard, LISW

A

Program Director
Abbe Center for Community Care
4500 Lorcardo Drive, NE
Cedar Rapids, IA 52402
(319) 378-6901
sstannard@imonmail.com

Susan Totten, LISW

A

Clinical Social Worker
Community Mental Health Center for Mid-Eastern Iowa
507 E College Steet
Iowa City, IA 52240
(319) 338-7884 x215 or (319) 530-7148
sltotten@gmail.com

Rachelle Tsachor, MA, CMA, RSMT, ATI

A

Movement Education and Therapy
720 S Dubuque Street, Suite 3
Iowa City, IA 52240
(319) 621-1803
Rachelle_tsachor@viowa.edu
www.rachellepalnicktsachor.com

or

University of Iowa, Division of Performing Arts
Iowa City, IA 52242

www.uiowa.edu/~music//faculty_staff/profiles/tsachor_rachelle.shtml

Donald Tyne, BSW, MA

A

Linn County VA Director
Linn County Veteran Affairs
825 Third Street SW
Cedar Rapids, IA 52404
(319) 892-5162
donald.tyne@linncounty.org

KANSAS

Abby Carter

12010 W 68th Terrace
Shawnee, KS 66216
(913) 631-4737 or (913) 424-0448
abbybethcarter@gmail.com

A

KENTUCKY

Barbara Fleming-Phillips, MD

Physician
Kentucky Clinic South
2400 Greatstone Point
Lexington, Kentucky 40504
(859) 257-9800
bflem2@uky.edu

A

Julie Hassler, BSN, RN

Nurse Case Manager
Warrior Transition Unit
2194 F Tennessee Avenue
Fort Campbell, KY 42223
(270) 956-3821
julie.a.hassler@us.army.mil

A

Anita McLaughlin, MS, RD, LD

125 S Galt Avenue, #2
Louisville, KY 40206
(502) 836-0821
anitamcl55@yahoo.com

A

John A Patterson MD, MSPH

119 McDowell Road
Lexington, KY 40502
(859) 373-0033
japatt@windstream.net

C, F

In addition to providing primary care services, John teaches lifestyle practices that can help manage stress, restore a sense of personal control, and enhance well-being. These techniques include exercise, health-supportive nutrition, yoga, relaxation, meditation, mindfulness, imagery, biofeedback, journaling and drawing. He runs mind-body skills groups open to everyone.

Susan Rhema, LCSW

Trauma Treatment
Rhema Cross Cultural Psychotherapy
212 West Ormsby Avenue

A

Louisville, KY 40203
(502) 550-0576
shrhema@win.net

LOUISIANA

Brenda Aranda, LCSW

A

Counseling Services
East Jefferson Hospital
3601 Houma Boulevard, Suite 206
Metairie, LA 70006
(504) 885-3373
baranda@ejgh.org

Roy Ary, MD

A

Assistant Professor
Louisiana State University Health Sciences Center
7215 Sheringham Drive
Harahan, LA 70123
(504) 388-0467
royary@aol.com

Toni Q Bankston, LCSW, BACS

C, F

Neighbors Keepers/Capital Area Alliance for the Homeless
8180 Joor Road
Baton Rouge, LA 70818
(225) 270-0672
quinnbee2@aol.com

Toni is the Clinical Director of Neighbors Keepers and the Capital Area Alliance for the Homeless, a partnered program of integrative care in inner city Baton Rouge, where she provides mind-body skills groups open to families impacted by poverty, hurricane displacement and other disasters. As co-founder of The Mind-Body Center of Louisiana, she consults with health care providers and other organizations to enhance service delivery and reduce burnout and vicarious trauma by integrating mind-body skills.

Brittany Blockman

A

3021 Ponce de Leon Street
New Orleans, LA 70119
(917) 687-9759
brittany.blockman@gmail.com

Maria Braud, MD

A

Private Practice
970 S Acadia Road, Suite C
Thibodaux, LA 70301
(985) 447-1216
mariabraud@yahoo.com

Magelene Brown

A

Agenda for Children
1720 St Charles Avenue
New Orleans, LA 70130
(504) 586-8509 x114
mbrown@agendaforchildren.org

Catherine Buermann, LCSW
Counselor
Tulane Community Health Center
611 N Rampart Street
New Orleans, LA 70112
(504) 214-1772
cabuermann@aol.com

A

José Calderón-Abbo, MD
Mindful Psychiatrist
3439 Magazine Street
New Orleans, LA 70115
(504) 891-8808
mindfulpsychiatry@gmail.com
www.mindfulpsychiatry.com

C, F

Dr. Calderón has played a prominent role in the rebuilding of New Orleans mental health services post-hurricane Katrina. Dr. Calderón is an Assistant Professor of Clinical Psychiatry at LSU and Clinical Faculty at Tulane University. He has a holistic integrative psychiatric private practice and is the Medical Director of the Co-Occurring Disorders Program for addictions and mental illness at DePaul-University Hospital in New Orleans where he incorporates mind-body disciplines with conventional treatment. Dr. Calderón leads mind-body groups open to the public.

Therese Close, RN, CHPN
501 Nashville Avenue
New Orleans, LA 70115
(504) 909-1234
tclose51@me.com

C

A co-founder of the Mind-Body Center of Louisiana, Therese facilitates mind-body skills groups, workshops and retreats for individuals, businesses, community organizations, and health care providers. A long-time resident of New Orleans, Therese has facilitated mind-body skills groups for Lower Ninth Ward residents through the Lower Ninth Ward Community Village Center.

Kelley Ellis, MSW, LCSW
Social Worker
215 Fairway Drive
New Orleans, LA 70124
(504) 390-2132
kjhellis@aol.com

A

Jennifer Engel, MEd, LPC, NCC
Counselor
Private Practice
5002 Prytania Street
New Orleans, LA 70115
(504) 813-9130
jenniferaengel@yahoo.com

A

Joe Eppling, RN, MN
Director
East Jefferson General Hospital
4200 Houma Boulevard
Metairie, LA 70070

A

(504) 454-4595
jeppling@ejgh.org

Nancy Freeman, LSW, MSW

A

Executive Director
Institute of Mental Hygiene
1055 St Charles Avenue, Suite 350
New Orleans, LA 70130
(504) 566-1852
nfreeman@imhno.org

Michelle Hamilton, PhD

A

Psychotherapist to Veterans with PTSD
Southeast Louisiana Veterans Health Care System
1601 Perdido Street
New Orleans, LA 70122
(504) 571-8104
michelle.hamilton@va.gov

Suzanne Harper, LMT, Masters Health Ed

A

Program Director
Longevity Therapy
17049 Three Rivers Road
Covington, LA 70433
(985) 875-0602
sharper53@charter.net

Shawna Herbst, GSW, MPH

A

Counselor
Tulane Community Health Center
611 N Rampart Street
New Orleans, LA 70112
(504) 909-4959
sherbst08@gmail.com

Heidi Huber, FNP, NPC

A

Primary Care Physician
Tulane University and Covenant House, Drop In Clinic
6454 Vicksburg Street
New Orleans, LA 70112
(504) 584-1112
hhuber@bellsouth.net

Frank Hughes, MSW

A

School Social Worker
355 Aris Avenue
Metairie, LA 70005
(504) 835-8713
fhughes40@yahoo.com

Oneal Isaac, BA

A

Family Services Coordinator
Baton Rouge Children's Health Project

5825 Airline Highway, Louisiana State University Unite
Baton Rouge, LA 70805
(225) 454-0927
oneal_isaac@yahoo.com

Carolee Laffoon, MBA, PE
Mind-Body Skills Practitioner
18145 Lake Iris Avenue
Baton Rouge, LA 70817
(225) 302-7828
carolee@affirmationstogo.com
www.CaroleeLaffoon.com

A

Catherine Lasperches, FNP
New Orleans Musician Clinic
2820 Napoleon Avenue
New Orleans, LA 70115
(504) 412-1366
claspe@lsuhsc.edu

A

Claudia Medina, MD, MHA, MPH
Assistant Director/Health Education Supervisor
FACES Children's Hospital
4640 S Carrollton Avenue, Suite 130
New Orleans, LA 70119
(504) 821-4611
claudiamedina2@yahoo.com

A

Melinda "Mindy" Milam, LCSW
4902 Canal Street, Suite 404
New Orleans, LA 70119
(504) 482-7767
milammk@aol.com

C

Mindy is a co-founder of the Mind-Body Center of LA. In her private practice, Mindy combines traditional psychotherapy with mind-body techniques in her work with individuals, couples and families. She currently facilitates mind-body skills groups and presents workshops for the public and for businesses in mind-body skills.

Leonel Muralles, BS
Corporate Wellness Lead
East Jefferson General Hospital
2001 Oak Creek Road, Apartment 104A
River Ridge, LA 70123
(504) 889-7203
lmuralles@ejgh.org

A

Marie T O'Neil, LCSW, CYT
616 N Olympia Street
New Orleans, LA 70119
(504) 444-4344
marietoneil@gmail.com

C

Through the Mind-Body Center of Louisiana (MBCLA), Marie facilitates mind-body workshops and groups that are open to everyone. Marie also incorporates mind-body modalities into her private psychotherapy

practice and hospice work.

Nereida Parada, MD

A

Asthma, Allergy and Pulmonary Medicine
Tulane University School of Medicine
1430 Tulane Avenue, SL9
(PULM)
New Orleans, LA 70112
nparada@tulane.edu

Randy Rosamond, RN, MPH, MSN

A

RN Instructor
Louisiana State University School of Nursing
242 Jefferson Heights Avenue
Jefferson, LA 70121
(504) 568-4019 or (504) 371-5854
rrosam@lsuhsc.edu

Tanya Simmons, BA Education

A

Practitioner of Mind/Body/Spirit Therapies
2703 Palmer Avenue
New Orleans, LA 70118
(504) 309-0002
loveisthemeans@yahoo.com

Heidi Sinclair, MD, MPH

A

Pediatric Primary Care
LSU HSC Baton Rouge Children's Health Project
5825 Airline Highway
LSU Unit/Health Project
Baton Rouge, LA 70805
(225) 385-1749
hsincl@lsuhsc.edu

Madeline Uddo, PhD

A

Southeast Louisiana Veterans Health Care System
PO Box 61011
New Orleans, LA 70161
(504) 571-8107
madeline.uddo@va.gov

Peggy Verret, RN, MA

A

Integrative Health Resources
115 Cardiff Court
Slidell, LA 70461
(985) 707-3395
peggyverret@yahoo.com

Amy Wilson, MSW, LCSW

A

3500 N Causeway Boulevard, Suite 1410
Metairie, LA 70002
(504) 722-5017
amyleewilsonlcsw@gmail.com

MARYLAND

Jodi Albert, PhD

A

Staff Psychologist
National Naval Medical Center (NNMC)
820 Reserve Champion Drive
Rockville, MD 20850
(301) 295-6306
jodi.albert@med.navy.mil

Rosemary Bitzel, MS

A

Regional Coordinator
Maryland State Department of Education
5017 Wards Chapel Road
Owings Mills, MD 21117
(410) 767-0165
rbitzel@msde.state.md.us

Janine Blackman, MD, PhD

C

The Gilbert Clinic
11300 Rockville Pike
One Central Plaza, Suite 1205
North Bethesda, MD 20852
(301) 230-2530
jblackman@thegilbertclinic.com
www.TheGilbertClinic.com

Janine works in a private integrative medical center that specializes in a comprehensive 12-month treatment program for people with Chronic Fatigue Syndrome and Fibromyalgia. Other conditions commonly helped include, but are not limited to, women's health issues, diabetes, neurological conditions, thyroid disease, migraines, hypertension, arthritis, respiratory conditions, and mental or emotional concerns including depression, anxiety, stress, and "burn-out."

Barbara Blitzer, LCSW-C, M.Ed

C

Private Practice
4400 East-West Highway, #24
Bethesda, MD 20814
or
8 Park Valley Road
Silver Spring, MD 20910
(301) 588-6461
barbarablitzer@comcaStnet
www.barbarablitzer.com

Barbara has a special expertise in women's health/mental health issues, including infertility. She runs groups open to everyone, as well as groups for women and groups for adolescents.

Mary Bowes, RNC, RYT, BSN

A

Clinical Research Nurse
609 Hawkesbury Terrace
Silver Spring, MD 20904
(301) 480-7030
mtmb56@gmail.com

Wayne Boyd, MDiv, MA **A**
Chaplain (LTC)
US Army Center for Health Promotion and Preventive Medicine, US Army
1228 Everette Road
Gunpowder, MD 21010
(410) 436-6250
wayne.boyd@amedd.army.mil

Sajida Chaudry, MD, MPH **A**
Family and Preventive Medicine
Johns Hopkins Health System
2600 N Calvert Street
Baltimore, MD 21218
(410) 874-1400
schaudr1@jhmi.edu

Robin Cuddy, MD, MPH **A**
Johns Hopkins University
215 E Biddle Street
Baltimore, MD 21202
(410) 499-5845
rcuddy2@jhmi.edu

Kim Donahue, MDiv **A**
Navy Chaplain
National Naval Medical Center
8901 Wisconsin Avenue
Bethesda, MD 20814
(301) 319-8887
kim.donahue@med.navy.mil

Mary Lee Esty, PhD **C**
Brain Wellness and Biofeedback Center of Washington, LLC
7910 Woodmont Avenue, Suite 305
Bethesda, Maryland, 20814
(301) 215-7721
info@brainwellnessandbiofeedback.com
www.brainwellnessandbiofeedback.com

Dr. Esty provides biofeedback and neurofeedback treatments for symptoms of depression, anxiety, ADHD, and the fatigue and cognitive problems of "chemobrain" following treatment for cancer. Treatment of Traumatic Brain Injury (TBI) is a specialty of Dr. Esty whose recent research on treating Iraq/Afghanistan and Vietnam veterans with TBI and PTSD is now published in multiple journals. She is not running mind-body skills groups, but integrates mind-body medicine into her practice.

Lindiwe Greenwood, MD, FAAFP **A**
Physician
Johns Hopkins Community Physicians, Renaissance Wellness
LBurrison@yahoo.com
www.doctorgreenwood.com

Francine Higgs-Shipman, MD **A**
Integrative Medicine
Agape Healthcare, LLC

6038 River Meadows Drive
Columbia, MD 21045
(410) 740-1340
fcine1@aol.com

Juliana M Jacobson, MS, RN, CS

C

Private Practice & PG County Health Department
2230 Washington Avenue, #101
Silver Spring, MD 20910
(240) 486-6498
JMJ9@msn.com

Juliana works with HIV/AIDS patients in the PG County Health Department, and works with adults of all kinds in her private practice. She facilitates monthly workshops where she incorporates mind-body skills.

Barbara Marin, PhD/LCPC

A

Department Chief
Department of Addiction Treatment Services, Walter Reed National Military Medical Center
5610 Marengo Road
Bethesda, MD 20816
(301) 229-4104 or (301) 461-1551
bmarin1@yahoo.com

Sabrina N'Diaye, LCSW-C

A

Founder
The Heart Nest Wellness Center
4 West Rolling Crossroads, Suite 3
Catonsville, MD 21228
(410) 455-5464 or (410)277-9955
brihelps@yahoo.com
www.theheartnest.com

Cherie Snyder, MSS, MA

C, F

Professor & Director of Human Services and Integrative Health
Allegany College of Maryland
12401 Willowbrook Road
Cumberland, MD 21502
(301) 784-5556
csnyder@allegany.edu
www.allegany.edu

Cherie has been running mind-body skills groups with college students at Allegany College for over 7 years where they have been received extremely well by all types of students. She also runs groups with the Department of Social Services with hard-to place welfare-to-work recipients, who transform from "resistant clients" to motivated and empowered individuals who ask for more.

Duewa "Kaya" Spicer, Psychology BS

A

Andrews AFB, MD
(301) 525-4727
kaya.spicer@gmail.com

Fran Zamore, MSW/LCSW-C, LICSW

A

Bethesda, MD
(240) 688-9099
Fran.zamore@gmail.com

www.franzamore.com

MASSACHUSETTES

Katharine Adelstein, MSN, ANP-BC

A

Nurse Practitioner
Tufts Medical Center
22 Orchard Street, #1
Cambridge, MA 2140
(617) 223-1189
kate_adelstein@yahoo.com

Shana Dubay

A

14 Hanover Street
Westfield, MA 01085
(413) 454-8590
frcklfaces219@yahoo.com

Audrey Hunter, RN, BA, HNC

A

Substance Abuse/Dual Diagnosis
McLean Hospital
78 Angell Brook Drive
West Boylston, MA 01583
(978) 464-2141
ahunter252@yahoo.com

Arti Ross Kelso, LMT, CYT

A

Founding Director
Optimal Wellness Lifestyle Strategies (or OWLS)
PO Box 156
Richmond, MA 01254
413-698-2884 x2
arti@muddyangel.com
www.muddyangel.com

Matthew McGonagle, MD

A

Adult Psychiatrist
Private Practice
One Hollis Street, Suite 125
Wellesley, MA 02482
(781) 237-2030
mmcgonag@verizon.net

Elizabeth O'Dair, MD, MPH

A

26 Stanford Street
Holyoke, MA 01040
(413) 584-7787
liz23beth@gmail.com

Gerald Paciello, MDiv, BCC

A

Director of Spiritual Care
Norwood Hospital
800 Washington Street

Norwood, MA 02062
(302) 384-3371
gpaciello328@gmail.com

Carolyn Romano

20 Windemere Drive
Acton, MA 01720
(857) 205-0849
carolynromano@comcaStnet

A

Jill Ritchie, MA LMHC

Associate Director of Field Training/Assistant Professor
Lesley University Counseling and Psychology Division
29 Everett Street
Cambridge, MA 02138
(617) 349-8442
jritchie@lesley.edu

A

Jennifer Roberts, LICSW

High School Social Worker/Personal Counselor
Needham High School
609 Webster Street
Needham, MA 02494
(781) 455-0800 x2150
jennifer_roberts@needham.k12.ma.us

A

MICHIGAN

Werner Absenger, MSc Human Nutrition

Humanutra Nutrition & Wellness Education
PO Box 221
Spring Lake, MI 49456
werner@humanutra.com

A

Kathy Blough, PsyS, LLP

Psychotherapist
Sagepoint Institute for Integrative Health
2350 Washtenaw Avenue, Suite 8
Ann Arbor, MI 48104
(734) 913-5404
katblough@comcaStnet
www.spiih.com

A

Michelle Davis, MA, LLPC, RYT

9530 Ravine Ridge
Caledonia, MI 49316
michelle_davis350@yahoo.com

A

Shruti Jolly, MD

Radiation Oncologist
University of Michigan and Veterans Affairs Ann Arbor
745 Green Road
Ann Arbor, MI 48105

A

shrutij@umich.edu

Gaia Kile, MSN, BSN

A

in association with Malcolm Sickels, MD
210 Little Lake Drive, Suite 10
Ann Arbor, MI 48103
(734) 332-9936
gaia.kile@gmail.com

John Meulendyk, DO, MPH, MDiv

A

Physician, Pastor
St John Healing Arts Center, #30
19229 Mack Avenue
Grosse Pointe Woods, MI 48236
(313) 647-3320
cupsy500awd@earthlink.net

Donald Moss, PhD/Psychology

A

Chair, College of MindBody Medicine
Saybrook University
1703 S Despelder Street
Grand Haven, MI 49417
(616) 842-1277
dross@saybrook.edu

Kathleen Reynolds, APRN, BC

C

Counseling Services
Karmanos Cancer Institute
4100 John Road
Detroit, MI 48201
(313) 576-9056
reynolds@karmanos.org

Kathleen runs mind-body skills groups for cancer survivors and their families. She incorporates mind-body skills into her counseling practice. She trains staff in mind-body skills at the cancer center. She also lectures to community groups on mind-body medicine as well.

Eric Willmarth, PhD

A

Psychologist
MBC/Saybrook
4660 Bonnie Avenue SE
Kentwood, MI 49508
ewillmarth@aol.com

MINNESOTA

Mary Baker, BSN, MN/RN

A

Health Coach
Health Perspectives, LLC
213 Van Buren Avenue N
Hopkins, MN 55343
(952) 935-9229
mbaker225@comcast.net

Sheila Bauer, Parent Education, MEd

A

Parent Educator
Early Childhood Family Education
821 Hickory Place
Jordan, MN 55352
sheila.bauer@gmail.com

Arlene Becker, RD, LD

A

Nutrition Counseling
West Side Community Health Services
153 Cesar Chavez Street
St Paul, MN 55107
(651) 389-2456
abecker@westsidechs.org

Cheryl Bemel, PhD, LP

A

Licensed Psychologist
Farmington Medical Clinic
774 Evergreen Knoll
Mendota Heights, MN 55118
(651) 241-0851
c.bemel@comcaStnet

Kelsey Carignan, MD

A

Psychiatrist
Boynton Health Services, University of Minnesota
2471 Chatsworth Street N
Roseville, MN 55113
(651) 765-6085
sudd0006@umn.edu

Jean Choe, PhD, LP

A

Psychotherapy
Center for Victims of Torture
717 E River Road
Minneapolis, MN 55455
(612) 436-4854
jchoe@cvt.org

Bernadette Clevenger, MD

C

HealthEast Grand Avenue Clinic
870 Grand Avenue
St Paul, MN 55105
(612) 208-7216
blclevenger@healtheaStorg

Bernadette is board certified in both family medicine and holistic medicine. She practices integrative holistic medicine in a family practice setting and has interests in nutrition and mind-body medicine. She is running mind-body groups at the Grand Ave. clinic open to patients interested in stress-reduction or reduction of general medical symptoms.

Nelson Coffey, PT

A

Outpatient Physical Therapy

Stillwater Medical Group
1500 Curve Crest Boulevard
Stillwater, MN 55117
(651) 275-3360 x4245
ncoffey@mac.com

Laurie Drill Mellum, MD

A

Staff Physician
5850 County Road, 155
Waconia, MN 55387
(952) 446-9585
ldm57@frontiernet.net

Yvette Erasmus

C

Aslan Institute
4141 Old Sibley Memorial Highway
Eagan, MN 55122
(612) 208-7216
yvette@aslaninStcom
www.aslaninStcom

Yvette runs mind-body skills groups at Aslan Institute on a regular basis. By combining her training and education in psychology, healing and education, she advocates for integrative, holistic practices that promote health and wellness within larger systems.

Matt Erb, PT

C

Park Nicollet Clinic
3800 Park Nicollet Boulevard
St Louis Park, MN 55416
(952) 993-2132
erbmat@parknicollet.com

Matt is a physical therapist with an integrative approach to care. He currently specializes in working with headache, migraine, and other types of chronic pain. He integrates biofeedback training, therapeutic exercise, simple restorative yoga, self-management skills training, cranial-sacral manipulative and somato-emotional release therapies. He leads mind-body skills groups along with colleague, Molly Lahn, PT at Park Nicollet Clinics.

Rita Erickson, PhD, RN

A

Staff Nurse
Lakeview Hospital
21590 Pomroy Avenue N
Scandia, MN 55073
(651) 433-4898
ritaje@frontiernet.net

Kathy Farah, MD

C, F

Integrative Medicine Program
Children's Hospital's and Clinics of Minnesota
MOB Suite 306
2545 Chicago Avenue S
Minneapolis, MN 55404
kathleen.farah@childrensmn.org

Kathy is board certified in Family Medicine and Holistic Medicine. She leads mind-body skills groups for children and parents and teaches these skills individually in her medical practice. She is also a member of

the Center's faculty in our Mind-Body Medicine and CancerGuides® and international professional trainings.

Selena Freimark, MA

C

4271 Sheridan Avenue S, #304
Minneapolis, MN 55410
(612) 298-0679
smfreimark@yahoo.com

Selena facilitates mind-body skills groups in the Twin Cities, including the East Metro area, which are open to everyone. Selena sees individual clients to assist them in facilitating their own healing through the holistic health modalities of Reflexology, Healing Touch energy therapy, and Intrinsic Coaching®.

Leslie Gaidi Schunk, MA

A

Counseling
91 Snelling Avenue, #230
St Paul, MN 55104
(651) 641-1398
gaidischunk@bellsouth.net

Janene Glyn, MD

A

Regina Medical Group
1285 Nininger Road
Hastings, MN 55033
(651) 480-4200
janene_glyn@hotmail.com

Joe Graca, PhD

C

Clinical Psychologist
RRTP PTSD Program
VA Medical Center
4801 Veterans Drive
St Cloud, MN 56303
(320) 252-6472 x6170
joseph.graca@va.gov

Joe integrates mind-body skills in his interventions for trauma, pain, TBI and related conditions. He also utilizes EMDR and somatic trauma healing interventions including the Trauma Resiliency Model. Dr. Graca has a special interest in integrative and mind-body interventions for PTSD and advocates that they be the core of all PTSD treatment programs.

Mary Grove, PsyD, LP

A

Psychologist
Allina Medical Clinics
2704 Crestwood Circle
Minnetonka, MN 55305
(651) 241-1892
mary.grove@allina.com

Terese Guettler, RN

A

Eagan, MN
(612) 501-1806
terese@coachterese.com
www.coachterese.com

Heather Holley 40783 Bow Trail Nerstrand, MN 55053 (651) 235-8218 hannholley@yahoo.com	A
Jean Hunsinger Cancer Coach Coaching Beyond Cancer 4060 Grainwood Trail Prior Lake, MN 55372 (952) 715-2564 hunsingerj@mossbarnett.com	A
Mary Ellen Jaehne, MSW Psychotherapy Hamm Clinic 408 St Peter Street, #429 St Paul, MN 55102 (651) 224-0614 mejaehne@hammclinic.org	A
Margaret Keenan, MD Psychotherapy 5402 Parkdale Drive, Suite #125 St Louis Park, MN 55416 (952) 546-0094 mmcomerk@aol.com	A
Julie Kilpatrick, PHN, BSN 1209 2 nd Street N Stillwater, MN 55082 (651) 285-4251 jkilpatrick@me.com <i>Practicing Public health nurse; facilitates or co-facilitates mind-body skills groups open to anyone primarily in the Metro area of Minnesota.</i>	C
Molly J Lahn, DPT 3800 Park Nicollet Boulevard St Louis Park, MN 55416 (952) 993-2117 <i>Molly is currently facilitating mind-body skills groups at Park Nicollet, which are open to anyone. Molly is a PhD student in Saybrook University's Mind-Body Medicine program, where she is studying clinical skills and the integration of mind-body medicine programs into existing healthcare systems.</i>	C
Katie Laird, MSW Plymouth Christian Youth Center 2210 Oliver Avenue N Minneapolis, MN 55411 (612) 643-2087 klaird@pcycmpls.org	A
Nicole Linder, IHH A.S.	A

2886 433rd Street
Harris, MN 55032
(763) 227-4539
nittylinder@aol.com or mind.body.skills.groups@gmail.com

Katelyn Mariah, LICSW

A

Family Networks and Private Practice
1641 Hague Avenue
St Paul, MN 55104
(651) 646-8306
hummingbird@usfamily.net

Lora Matz, MS, LICSW

C, F

Transformative Practices
360 Spring Street, #314
St Paul, MN 55102
(651) 592-1176
loramatz@earthlink.net
www.transformativepractices.com

Lora is a member of the Center's faculty in our Mind-Body Medicine and CancerGuides® professional trainings and in Global Trauma Relief programs. See her website for details.

Katherine Murphy, MA

A

Music Therapist
4334 44th Avenue
South Minneapolis, MN 55406
katherinemurphygc@yahoo.com

Linda Nelson, MA

A

Psychologist
Grove Psychotherapy, Inc
219 SE Main Street, #400
Minneapolis, MN 55414
(612) 379-2640 x15
lcnelson2@msn.com

Michele Okposo, RPh, BS, Rev

A

Holistic Coaching
The Center Within, LLC
512 Laurel Avenue, Suite 5
St Paul, MN 55102
(612) 310-8876
michele@centerwithin.com

Christine Paul, MS

A

Vocational Counseling
State of Minnesota
15295 67th Place N
Maple Grove, MN 55311
(763) 536-6051
christine.paul28@hotmail.com

Stu Popkin, MS

A

Northern Pines Mental Health
520 5th Street NW
Brainerd, MN 56401
(218) 829-3235
hardy2@brainerd.net
Mental health therapy for adults and couples.

Paula Rehder, MD **A**
Fairview Health Services
6413 Oak Street
North Branch, MN 55056
(651) 674-8353
Prehder1@fairview.org

Anne Rich, MSN **A**
Nurse Practitioner
VA Medical Center
4801 8th Street N
St Cloud, MN 56303
(320) 255-6480 x6732
anne.rich@va.gov

Lynn Richards, PT, OCS **C**
VAHCS
One Veterans Drive
Minneapolis, MN 55417
(612) 467-5253
lynn.richards@va.gov
Lynn is a Physical Therapist with an orthopedic clinical specialty. She works with veterans in the Minneapolis VA Medical Center, integrating mind-body stress management skills into her physical therapy practice.

Lynda Richtsmeier Cyr, PhD, LP, LLC **C, F**
Licensed Psychologist
5101 Olson Memorial Highway, Suite 4002
Golden Valley, MN 55422
lrcphd@gmail.com
(763) 595-7294 x116
Lynda is a pediatric psychologist who specializes in chronic illness and incorporates mind-body medicine into her psychotherapy practice. She has been leading mind-body skills groups for children, teens and parents for many years. She is a member of the Center's faculty in our Mind-Body Medicine, CancerGuides® and Global Trauma Relief trainings.

Mona Roach, MD **A**
Family Practice, Mind Body Medicine
Allina Medical Clinic Hastings; Regina Medical Center Affiliate
1285 Nininger Road
Hastings, MN 55033
(651) 480-4200
mroach11@embarqmail.com

Robert Rothstein, MS, LP **C, F**
Allina Medical Clinic

8675 Valley Creek Road
Woodbury, MN 55125
(651) 501-3008

Robert.Rothstein@allina.com

Robert integrates mind-body skills in his practice and offers mind-body skills groups open to anyone; those receiving their medical care at the clinic and those coming from outside the clinic. Participants include those coping with various acute or chronic medical conditions, life changes, and/or stress. Participants may self refer or be referred by their healthcare provider.

Carolyn Schmidt

A

Sage Weight and Wellness
222 Main Street E
New Prague, MN 56071
(952) 758-8885
madrecj@aol.com

Susan Sencer, MD

F

Medical Director
Pediatric Hematology-Oncology
Children's Hospitals & Clinics of Minnesota
2525 Chicago Avenue S
Minneapolis, MN 55404
(612) 813-5940
susan.sencer@childrensmn.org

Susan is a pediatric oncologist. She is willing to respond to questions about complementary therapies for children with cancer. She is a member of the Center's CancerGuides[®] faculty.

Beret Anne Skroch, PsyD, LP

C, F

Minneapolis VA Medical Center
One Veterans Drive (116A)
Minneapolis, MN 55417
(612) 467-4608
beret.skroch@va.gov

Beret has been running mind-body groups at VA Medical Center for the past few years. She also co-chairs the medical center's mindfulness based practice committee that focuses on incorporating mindfulness based practice skills through education, service, and research. Groups are limited to eligible veterans.

Susan Spindler, CNS

A

Clinical Nurse Specialist
VA Medical Center and Private Practice
5305 60th Street W
Edina, MN 55436
(612) 467-3970
spind002@umn.edu

Robin Stender, RN-BC

A

5065 Anthony Terrace
Shorewood, MN 55331
(612) 629-7389
Robin.Stender@va.gov

Mary Treacy O'Keefe, MA

A

Well Within
1880 Livingston Street, #103
West St Paul, MN 55118
(651) 451-3113
marytokeefe@gmail.com

Andrea Van Sickle, MSN
District Nurse
School District of Onalaska, Wisconsin
31727 Cty Road, 16
La Crescent, MN 55947
(608) 790-4902 or (507) 895-4346
vanan@webmail.onalaska.k12.wi.us

A

Kara Vangen, LSW
Holistic Social Work
Touchstone Mental Health
2829 University Avenue S, Suite #4
Minneapolis, MN 55414
(612) 874-6409 x2163
kvangen@touchstonemh.org

A

Tim Wolfram, PsyD, LP
Health Behavior Coordinator
St Cloud VA Medical Center
4801 Veterans Drive
St Cloud, MN 56303
(320) 252-1670 x7328
timothy.wolfram@va.gov

A

MISSOURI

James Fleming, MD
Staff Psychiatrist
Community Mental Health Services
540 NE Newport Drive
Lee's Summit, MO 64064
(816) 213-1885
jflemingmd@yahoo.com

A

Madonna Kuciejczyk-Kernan
Educator, Storyteller
627 Sunnyside Avenue
St Louis, MO 63119
(314) 963-7834
tmkkernan@earthlink.net

A

Thomas Kuciejczyk-Kernan, MD
Holistic Family Physician
Grace Hill Health Centers
3930 S Broadway Street
St Louis, MO 63118
(314) 898-1999

C,F

thomask@gracehill.org

Tom is board certified in Family Medicine and Holistic Integrative Medicine. He serves as a family physician at Grace Hill Health Centers, where he works with individuals taking a holistic approach to their health and facilitates mind-body skills groups. He is also a member of the Center's faculty in our Mind-Body Medicine professional trainings.

Jill Walter Penn, MDiv

A

Spiritual Care Director
Christian Hospital
11133 Dunn Road
St Louis, MO 63136
(314) 653-5612
jwp5407@bjc.org

NEBRASKA

Pat Moore, LISW

A

59096 879 Road
Ponca, NE 68770
(712) 899-6709
patrick@gpcom.net

NEVADA

Stephanie Shelburne

A

613 Cragin Park Drive
Las Vegas, NV 89107
stephanie@bodecology.com

Jacqueline Tschernia, CMT, NCTMB, ACST

A

Executive Director
Cancer & Chronic Illness Center Foundation
PO Box 530910
Henderson, NV 89053
(702) 596-3663
jctintegrative@msn.com

NEW HAMPSHIRE

Vicki Patric, BS, MHA

C

Dartmouth Hitchcock
Bedford, NH
(603) 629-1209
victoria.j.patric@hitchcock.org
Runs groups sporadically. Call for information.

NEW JERSEY

Mary Cary, RNC, BSN, BC-HNB

A

57 S Main Street
Neptune, NJ 07753
(732) 774-8213
PathToHeal@aol.com

Jennifer Graf, LCSW Psychotherapy for Couples and Individuals 109 Truman Drive Cresskill, NJ 07626 (201) 567-4446 or (917) 562-0590 jennifergraf@me.com	A
Linda Lee Davida, BA, CHHC, RYT Certified Holistic Health Counselor 377 Piermont Road Closter, NJ 07624 (201) 785-1685 lldavida@gmail.com	A
Melissa Laborsky, MD 92 Washington Court Towaco, NJ 07082 (732) 939-4650 mlaborsky@me.com <i>Melissa is a board certified Family Medicine Physician with training in acupuncture, Tao of Medical Qigong, and the Dragon's Way® weight loss and stress reduction program. She runs mind-body skills groups open to the community.</i>	C
Joyce Larkin, MD Psychiatrist 1288 Route 73 S, Suite 210 Mount Laurel, NJ 08054 (856) 802-6888 x203 jlarkin7@gmail.com	A
Carol Penn, DO, MA Owner Carollifedance, LLC 72 Harrison Avenue Red Bank, NJ 07701 carol.lifedance@yahoo.com www.carollifedance.com	A
Linda Rapuano, MA Consultant: Mind/Body/Soul and Spirit Programs St Vincent's Hospital Manhattan Community Health Initiatives 66 Ravine Avenue Nutley, NJ 7110 (917) 991-4138 lrapuano@verizon.net	A
Anna Rusiewicz, PhD Health Science Specialist Department of Veterans Affairs NJ Healthcare System War Related Illness and Injury Study Center, Stop 385 Tremont Avenue	A

East Orange, NJ 07018
(973) 676-1000
anna.rusiewicz@va.gov

Thea Samit, OTR/L, LCSW

A

OT Service Provider School
Comprehensive Network/Therapeutic Resources
308 Harrison Avenue
Highland Park, NJ 08904
(732) 247-0161 or (732) 247-6744
TSamit@aol.com

Dein Shapiro, MD, FAAFP, FAAMA

A

Family Practice/Medical Acupuncture
3461 Route 22
Branchburg, NJ 08876
(908) 526-4499
shapiro@drshapiromd.com

Deborah Sorkin, MD

A

Physician
154 Freshponds Road
East Brunswick, NJ 08816
(732) 690-3386
dsorkin@deborahsorkinmd.com

NEW MEXICO

Lilly-Marie Blecher, ND, MSOM, DOM, Lac

A

Naturopathic Physician/Doctor of Oriental Medicine
Taos, NM
drlillymarie@gmail.com
www.drlillymarie.com or www.naturalhealthct.com

Russell Brown, MD

A

Psychiatrist
35 Camino De Milagro
Santa Fe, NM 87506
(505) 670-3524
ruglebrow@aol.com

James Fields, MA, LMFT

A

Group Facilitation
Harmony Hill
Cancer Groups
4129 S Meadows Road, #2121
Santa Fe, NM 98467
(505) 471-1662
1oledawg@netscape.com

Karin Gylov-Lerew, BSN, RN

A

3140 Vista Sandia
Santa Fe, NM 87506

(505) 959-5078 or (940) 781-9955
karinlerew@aol.com

Laure Liverman

A

Assistant Care Manager
Coming Home Connection
125 Mesa Verde Street
Santa Fe, NM 87501
(505) 401-6211
llivman@gmail.com

NEW YORK

Rene David Alkalay

A

6625 103rd Street, Apartment 4L
Forest Hills, NY 11375
davidgenesissociety@gmail.com

Sayrd Annon, LCSW

A

171 Canal Street, Apartment 3A
New York, NY 10013
(212) 241-4627
sra2108@columbia.edu

Tanya Azarani, BA, MD

A

Psychiatry Resident (Post-graduate year 2)
(718) 913-8256
Tanya.aza@gmail.com

Christine Bellamore, MA Creative Arts Therapy

A

Recreation Therapy Assistant
Northport Veterans Affairs Medical Center
79 Middleville Road
Northport, NY 11768
(631) 261-4400 x5048 or (516) 965-4175
cbellamore@yahoo.com

Susan S Blum, MD, MPH

C, F

Founder and Director
Blum Center for Health
34 Rye Ridge Plaza
Rye Brook, NY 10573
drblum@blumcenterforhealth.com
www.blumcenterforhealth.com
(914) 652-7800

Susan is the Founder and Director of the Blum Center for Health in Rye Brook, NY that focuses on the comprehensive integration of Functional Medicine, Mind-Body Medicine, and Nutritional Medicine. She is Board Certified in Preventive Medicine and trained in Functional Medicine.

Christina Brown, MD

A

Jamestown Area Medical Associates
15 S Main Street
Jamestown, NY 14701

(716) 484-8610
serenitydoc@yahoo.com

Mickie Brown, RN

C

(917) 763-8177
MickieBrown21@gmail.com
www.MickieBrown.com

Mickie has extensive experience counseling World Trade Center responders in mind-body techniques at the World Trade Center Treatment Program at Mount Sinai School of Medicine in New York, NY. Mickie also has a private practice where she counsels patients individually and in groups. Mickie's areas of focus are chronic pain, pre-op preparation and post-op recovery.

Lisa Burton

A

7C Park Lane
Lansing, NY 14882
(607) 793-3632
lijahdia@westnet.com.au

Heather Alfano, LMSW

A

Social Worker
Sunset Terrace Mental Health Center
514 49th Street
Brooklyn, NY 11215
(718) 704-3039
hmalfano1977@yahoo.com

Henry Cretella, MD &

C

Kathleen Fitzpatrick, LMSW, MPA

Amber Light International
496 White Spruce Boulevard
Rochester, NY 14623
(585) 424-3390
amberlightintl@yahoo.com
www.amberlightinternational.com

Henry and Kathleen co-founded their not-for-profit organization, Amber Light International. They travel where they are needed to run mind-body skills groups with various populations. They primarily run groups for educators, but have done groups for day-care centers, a day group for the severely developmentally disabled, and more.

Darwin Deen, MD, MS

A

Professor
City College of New York
160 Convent Avenue, Harris Hall 409
New York, NY 10031
(212) 650-7784 or (610) 517-4000
ddeen@ccny.cuny.edu

Zana Dobroshi, MD, PhD

A

Columbia University
415 Central Park W, #1AR
New York, NY 10025
(646) 262-4026 x3133
zd2008@columbia.edu

Rita Domnitz, MS, MFT **A**
Psychotherapist, Dream Appreciation Facilitator
250 W 94th Street, 11D
New York, NY 10025
(212) 666-8546 or (914) 980-6909
ritadomnitz@aol.com

Henry Dreher, MA **F**
Director
Cancer Guides Consultations
84 E 3rd Street, Apartment 2C
New York, NY 10003
(917) 509-5407
HenDreh2@aol.com
www.henrydreher.com
Henry Dreher offers substantive information and guidance -- enabling clients to implement cutting-edge conventional and complementary treatments -- individually tailored. He provides referrals to oncologists, integrative care specialists, and CAM providers.

Gail Graf, LCSW **A**
Counselor/Educator/Retreat Leader
17 Cropsey Street, 3A
Warwick, NY 10990
(845) 544-1582 or (917) 972-4180
ggraf7@aol.com

Elizabeth Greig, MSN, FNP **A**
Nurse Practitioner
Blum Center for Health
34 Rye Ridge Plaza
Rye Brook, NY 10573
(914) 652-7800 or (845) 701-7005
aegreig@yahoo.com
www.BlumCenterforHealth.com

Marisa Harris, MA, MEd **A**
Integrative Life Coach/Cancer Coach
Marisa Harris Transformational Solutions
115 Central Park W, #7D
New York, NY 10023
(212) 787-7115
marisaharris@aol.com

Jennifer Harry **A**
Treatment Coordinator
Mountain Lake Children's Residence
304 Trudeau Road
Saranac Lake, NY 12983
(518) 891-2235
jen@mdimaine.us

Lisa Hill DiFusco **A**

Holistic Psychotherapist
The LightHeart Institute
21 Prince Street
Rochester, NY 14607
(585) 288-6160
lisa@lightheart.com

Marisa Iacobucci
123 E Falls Street
Ithaca, NY 14850
mtibucci@yahoo.com

Lara Kaye, MSW, PhD
Research Scientist
State University of New York at Albany
135 Western Avenue
Albany, NY 12222
(518) 591-8615
lbkaye@earthlink.net

Teresa Kerckerinck
Millbrook, NY
tkerckerinck@gmail.com

Mary Louise Kranyak, PhD, RD
Assistant Professor
94-05 222nd Street, Apartment 5D
Queens Village, NY 11428
(203) 641-4678
drmarylouk@aol.com

Sheldon Lewis
Editor in Chief
Alternative & Complementary Therapies
642 Amsterdam Avenue, Apartment 4A
New York, NY 10025
(212) 769-9028
sladvances@aol.com

Ernesto Michelucci, PhD
1687 English Road
Rochester, NY 14616
(585) 615-5036
ernesto@michelucci.org

Naomi Pelzig, MD
Nyack Integrated Health Services
180 S Broadway
Nyack, NY 10960
(845) 353-3267
npelzigmd@nyackims.com

Patricia Pielnik, MD

A

A

A

A

A

A

A

A

Psychiatrist
Unity Health Systems
835 W Main Street
Rochester, NY 14611
(585) 368-6599
ppielnik@unityhealth.org

Diana Porebski, LMSW

A

Substance Abuse Counselor III
2560 Gerry-Ellington Road
Gerry, NY 14740
(716) 225-2975
dtstripi021@hotmail.com

Lorraine Rogers, MSW

A

Social Worker
34 Grand Boulevard
Binghamton, NY 13905
(607) 771-0586 x108
raine27@stny.rr.com

Susan Scharf

A

343 E 30th Street, Apartment 2H
New York, NY 10016
scharfmd@gmail.com

Lorraine Tiezzi, MS

A

Associate Clinical Professor
Mailman School of Public Health
77 7th Avenue, Apartment 18V
New York, NY 10011
(212) 929-1697
lt3@columbia.edu

Rachelle Tsachor, MA, CMA, RSMT, ATI

A

Laban/Bartenieff Institute of Movement Studies
NY, NY
www.limsonline.org/programs-workshops-faculty#rachelle-palnick-tsachor

Mary Walsh, MS, OTR/L, LMT

A

Occupational Therapist
St Luke's-Roosevelt Hospital Center
Department of Psychiatry & Behavioral Health
1111 Amsterdam Avenue, Clark 9 Unit
New York, NY 10025
(212) 523-3294
marywals@chpnet.org

or

Department of Occupational Therapy
James J Peters VA Medical Center
130 West Kingsbridge Road – 3rd Floor
Bronx, NY 10468
(718) 584-9000 x 5101 or x5153

Ann Werle, Nurse Practitioner

A

Nurse Therapist
VAMC
25 Joseph Place
Nesconset, NY 11767
(631) 261-4400 x7746 or (631) 979-7919
ann.werle@va.gov

NORTH CAROLINA

Dave Aspenson, PhD

A

Eastowne Office Park
111 Cloister Court, Suite 100
Chapel Hill, NC 27514
(919) 402-9212
daspenson@mindspring.com

Ellen Beidler, RN

A

4116 Converse Drive
Raleigh, NC 27609
(919) 233-8585 126
ebeidler@usa.net

Larry Burk, MD

A

President
Healing Imager, Inc
2713 Winton Road
Durham, NC 27707
(919) 489-2811
lburk@nationalrad.com

William Croft, MS, RRT, RCP

A

Respiratory Services
Sandhills Community College
Raeford, NC
croftb@sandhills.edu

Diane Dolan-Soto, MSW, LCSW

A

Internal Medicine Counseling Program Manager
University of North Carolina, General Internal Medicine, Ambulatory Care Center
3927 Riders Trail
Hillsborough, NC 27278
(919) 966-1220
ddolansoto@yahoo.com

Jeffrey Greeson, PhD, MS

A

Duke Integrative Medicine
DUMC Box 102904
Durham, NC 27710
(919) 660-6773
jeffrey.greeson@duke.edu

Susanne Kaiser, MA, LPC **A**
Licensed Clinical Professional Counselor
Wildknowing Counseling & Consulting
PO Box 16818
Chapel Hill, NC 27516-6818
(919) 932-4367
susanne3396815@gmail.com

Karyn Leniek, MD, MPH **A**
Postdoctoral Fellow
University of North Carolina at Chapel Hill
2213 Holly Hill Drive
Durham, NC 27713
(919) 966-8586
kleniek@med.unc.edu

Margaret Maytan, MD,MA **A**
Clinical Associate
Department of Psychiatry
Duke University Medical Center
Box 3812
Durham, NC 27701
(919) 681-7237
mayta001@mc.duke.edu

Shanna Montrose, RN, CEN, CCRN, SANEA **A**
UNCH
104 Ridge Trail
Chapel Hill, NC 27516
smontrose@me.com

Vera Lucia Moura, MD **C**
Department of Physical Medicine & Rehabilitation
Program on Integrative Medicine
University of North Carolina - Chapel Hill
CB # 7200
Chapel Hill, NC 27499
(919) 966-8586 x6
vera_moura@med.unc.edu
<http://pim.med.unc.edu>
Currently, as a faculty member at the UNC-Chapel Hill, Vera runs mind-body skills groups and is also developing a research project to look at the effectiveness of MBSG for patients experiencing chronic pain.

Sarah Ness **A**
2116 Park Drive
Charlotte, NC 28204
sness33@gmail.com

Michelle Pearce, MS, MPhil, PhD **A**
Duke University Medical Center
2213 Elba Street, Room 115
DUMC Box 3026

Durham, NC 27710
(919) 684-6182
michelle.pearce@duke.edu

Mark Scheutzow, MD PhD
900 Bray Boulevard
Asheboro, NC 27205
(336) 521-4302 or (336) 653-9115
mscheutzow@msn.com

Emily Steadman-Robinson
6735 Middleboro Drive
Raleigh, NC 27612
(919) 539-3594
einsteadman@yahoo.com

A

NORTH DAKOTA

Jan Nelson, Occupational Therapy
Executive Director
HeartSprings
2010 N Elm Street
Fargo, ND 58102
(701) 261-3142
jnelson1409@yahoo.com

A

OHIO

Robin Gentry McGee, CHHP
Certified Holistic Health Counselor
The Awareness Project
292 Inwood Road
Wilmington, OH 45177
(937) 271-0381
jstgrtfood@aol.com

A

Amy Hanson-Akins, MSW, LISW-S
Clinical Manager/Therapist
Amy Hanson-Akins, LLC
25428 Saddlebrook Boulevard
Perrysburg, OH 43551
(419) 575-0487
Amyha2009@gmail.com

A

Kathleen Matthews, MD
Pathologist
St Elizabeth Health Care
12 Burton Woods Lane
Cincinnati, OH 45229
(859) 572-3537
kmatt@fuse.net

A

Brian McGee

A

Founder
The Awareness Project
292 Inwood Road
Wilmington, OH 45177
(513) 864-3079
brimcgee@yahoo.com

Mark Silverberg, BA Psychology

A

Artist
Springdale Arts, LLC
242 Springdale Lane
Moreland Hills, OH 44022
(330) 487-6618 or (216) 595-9890
marksilverberg@mac.com

Mary Lou Stricklin, MSN RN, APN, FAAN, EMBA

A

The Arts for Healing: Body, Mind and Spirit Health
23200 Lake Road
Bay Village, Ohio 44140
(216) 246-2707
www.theartsforhealing.com

Sharon Trekell, PhD

A

Health & Wellness Coach
Resilience Coaching
2954 Stauffer Drive
Dayton, OH 45434
(937) 304-3493
spiritdoc98@woh.rr.com

Patricia A Van Kley

C, F

Private Practice
975 Commerce Drive
Perrysburg, OH 43551
(419) 874-8257
pvankley@aol.com

Pat works in private practice in Ohio. She runs mind-body skills groups open to everyone. She also conducts mind-body-spirit retreats. Pat is also a faculty member of the Center's Mind-Body Medicine professional training programs in the United States.

Stephanie Woods, PhD, RN

A

The University of Akron
Mary Gladwin Hall
209 Carrol Street
Akron, OH 44325
(330) 972-7854
sw5@uakron.edu

Working with those who have experienced trauma and/or violence and/or chronic illness.

Mary Lynne Zahler, MA, MCHES, LSW, CWP, CFLE, CCLS

A

Wellness Manager
Akron Children's Hospital
8020 Killington, NW

North Canton, OH 44720
(330) 543-4708 or (330) 966-7325 or (330) 361-9430
mzahler@chmca.org

OKLAHOMA

Nancy Moran, BA, BSN, RN **A**
Public Health Nurse
Tulsa Health Department
3821 E 40th Street
Tulsa, OK 74135
(918) 594-4788
tulsapeace@hotmail.com

Karrie Oertli, DMin, MDiv **A**
Director
INTEGRIS Health
3300 NW Expressway
Oklahoma City, OK 73112
(405) 949-3195
karrie.oertli@integrisok.com

OREGON

Harriet Cooke, MD, MPH **A**
3800 SW Dosch Road
1820 SW Vermont Street, Suite G
Portland, OR 97219
(503) 975-4571
holisticcooke@aol.com

David Jones, MD **A**
President
Institute for Functional Medicine
2000 Tamarack Place
Ashland, OR 97520
(541) 488-7842
dsjones@mind.net

Lindy Lear Konold, BS, BSN, MSN, NP **A**
Nurse Practitioner
Good Samaritan Health Services
1700 Geary Street
Albany, OR 97322
(541) 812-5702
learko@comcaStnet

Jocelyn B Libby, RN, MA **C**
Private Practice
3456 SW 44th Avenue
Portland, OR 97221
(503) 780-0294

jocelynlibby@mac.com

www.providence.org/cancer

Jocelyn works in the field of trauma and grief. Contact her for more information.

Geoffrey Sittler, OTR/L

A

Occupational Therapist
Evergreen School District
7577 N Leavitt Avenue
Portland, OR 97203
(971) 678-6793
gsittler@hotmail.com

Claire Wheeler, MD, PhD

C, F

3736 N Borthwick Avenue
Portland, OR 97227
(503) 475-2853
Claire@stresshappiness.com
www.stresshappiness.com

Claire runs mind-body skills groups open to everyone. She is a psychologist & a physician, and instructor at Portland State University School of Community Health. She is also a faculty member at the Center's Mind-Body Medicine professional training programs in the United States. Claire is an author of "Ten Simple Solutions to Stress" and blog on PsychologyToday.com.

PENNSYLVANIA

Peter Amato

A

RR 1 Box 156
Dalton, PA 18414
peteramato@aol.com

Franne Berez, MD, ND

A

Squirrel Hill Family Wellness Center
5801 Beacon Street
Pittsburgh, PA 15217
(412) 422-5433
fberrez@aol.com

Sondra Dantzig, MD

A

Physician
589 Christopher Lane
Doylestown, PA 18901
(215) 582-2370
sondra.dantzig@verizon.net

Susan DeLone, PhD

A

Psychotherapist
401 Fairview Way
New Hope, PA 18938
(215) 862-8059
sdelone@comcaStnet

Carolyn Garson, PhD

A

811 Newtown Road

Villanova, PA 19085
(610) 331-4038
clgarson@aol.com

Susanna Lack, PsyD

211 N Monroe Street, 2nd Floor
Media, PA 19063
(610) 891-9923 x7
susannalack@gmail.com

A

Anna Negoescu, BA, RN

Program Nurse
Resources for Human Development
429 E North Street
Bethlehem, PA 46140
atnrm@aol.com

A

Carol Penn, DO, MA

Owner
Carollifedance, LLC
4200 Parkside Avenue, #101
Philadelphia, PA 19104
Carol.lifedance@yahoo.com
www.carollifedance.com

A

Robert Raquet, MD

Physician
130 Aspen Drive
Boalsburg, PA 16827
(814) 643-8676
ralraq@comcast.net

A

Mimi Rose, MA, RYT

Yoga Therapist
The Vira Foundation
55 Clemson Street
Charleston, SC 29403
(843) 330-7924
mimi@diamondhealth.net

A

Mark Vukovich, OTR\L MHA

Occupational Therapist
John Heinz Institute of Rehab Medicine
150 Mundy Street
Wilkes Barre, PA 18705
(570) 826-3800 x3749
mmvuke@verizon.net

A

Matthew Watkins, BA in Psychology

Managing Member
Vincero Enterprises, LLC
253 Courtdale Avenue
Courtdale, PA 18704

A

(570) 690-1039
matthew.watkins89@gmail.com

Maryann Weinstein, MD

A

Physician
The Washington Hospital
55 S Watson Avenue
Washington, PA 15301
(724) 223-3010
weinsteinfamily1@comcast.net

RHODE ISLAND

Jack Ordner
Operation Stand Down
134 Arcadia Road
Hope Valley, RI 02832
(401) 539-2287
jctrike@cox.net
justbe555@yahoo.com

A

SOUTH CAROLINA

Sandra Adams, MSW

A

Counseling and Consultation
58 Parkway Commons Way
Greer, SC 29650
(864) 322-7177
sandraadamsmw@aol.com

Robbie Allen

A

Teacher
107 Matthew Court
Spartanburg, SC 29301
(864) 574-6497 or (864) 431-5418
rlallen107@att.net

John Charles, MD

C

Vice President Medical Affairs
Grand Stand Regional Medical Center
809 82nd Parkway
Myrtle Beach, SC 29572
(843) 692-1118
john.charles@hcahealthcare.com

John is not currently running groups. However, he is willing to speak to anyone regarding questions about mind-body medicine or the Center's programs.

Kimberly Coleman, RN, BSN

A

277 Jocassee Ridge Way
Salem, SC 29676
kimrnbsn@yahoo.com

Chad Dingman, LISW-CP, OSW-C

C, F

Gibbs Cancer Center
101 E Wood Street
Spartanburg, SC 29303
(864) 560-1974
cdingman@srhs.com

Chad is a licensed clinical social worker specializing in outpatient oncology. He conducts mind-body skills groups through the Center for Health and Healing at Spartanburg Regional Medical Center that are open to everyone.

Hunter F Mahon, MBA

C

Spartanburg Regional Healthcare System
Center for Health and Healing/Regional Massage
Spartanburg, SC 29303
(864) 560-1981
hfmahon@srhs.com

Hunter helped develop and now manages the Center for Health and Healing for Spartanburg Regional: a community partnership formed to strengthen the hospital's holistic services. She conducts mind-body skills groups that are open to patients, hospital staff and the community at large. With a focus interest in the cost-effectiveness of integrative medicine, Hunter also works with local corporations to offer groups for their employees.

Karen Shanshala, RN, LMT

A

4490 Great Oak Drive
North Charleston, SC 29418
(843) 906-2772
nurse.healer@comcaStnet

John W Simmons, MD

C

1855 E Main Street, Suite 14 Box 6
Spartanburg, SC 29307
(864) 266-7164
jsimmons3@me.com

John introduced the possibility of Mind-Body Medicine to Spartanburg and helped found the Center for Health and Healing at Spartanburg Regional Medical Center. John is a family practice physician with additional educational pursuits toward a doctorate in ministry in spirituality and healing. He leads mind-body skills groups as well as retreats focusing on Mind-Body Medicine and/or Spirituality and Healing.

James West, M.Ed/ LPC

A

1010 Bent Creek Run Drive
Greer, SC 29651
(864) 335-9977

SOUTH DAKOTA

Alan Becker, LCSW

A

VA Blackhills Health Care System
ADS Outreach Social Worker
500 N 5th Street, MHS 1
Hot Springs, SD 57747
(605) 745-2000 x2386
alan.becker2@va.gov

Aleen Golis, MSN

A

Nurse Practitioner
VA VISN 23
2210 Jennings Avenue
Hot Springs, SD 57747
(605) 745-2000 x2634
aleen.golis@va.gov

Julie Jones, MSN
Depression Care Manager
301 Lee Drive
Alcester, SD 57001
(605) 3363230 x6750
julie.jones@va.gov

A

Michael R McVay, MD
Cardiologist
Yankton Medical Center
1104 W 8th Street
Yankton, SD 57078
(605) 665-1082
mcvay@iw.net
<http://www.averasacredheart.com/ash/services/wellness/spirit/index.aspx>

C

Michael is a practicing cardiologist at the Yankton Medical Clinic. He runs mind-body skills groups open to anyone at the Avera Center for MindBodySpirit. He also has started classes that teach mindfulness based stress reduction.

Laurie NelsonMoe
Certified NLP Coach; BA Management
Owner
Whole Life Balance Coaching, LLC
PO Box 91403
Sioux Falls, SD 57109
(605) 274-0774
wholelifebalance@sio.midco.net

A

Bonnie Rickenbach, RN
Registered Nurse
Black Hills Health Care System (BHHCS)
500 N 5th Street
Hot Springs, SD 57747
(605) 745-2000 x2216
bonnie.rickenbach@va.gov

A

Diane Weber, LCSW
Outreach Social Worker
Black Hills VA
500 N 5th Street
Hot Springs, SD 57747
(605) 745-2000 x2624
diane.weber@va.gov

A

TENNESSEE

Regula Doggweiler, MD, ABIHM **A**
1928 Alcoa Highway, MOB-B, Suite 222
Knoxville, TN 37920
(865) 305-9254
Fax (865) 305-9717

Rhonda Edwards, LCSW, ACSW, OSW-C **C**
Licensed Clinical Social Worker
Center for Cancer Support
Memorial Health Care System
605 Glenwood Drive, Suite 307
Chattanooga, TN 37404
(423) 495-7868
rhonda_edwards@memorial.org

Rhonda runs mind-body skills groups with cancer survivors, cancer center/hospital staff and interested persons from the community. As a component of her clinical social work practice, she also utilizes mind-body skills techniques in her individual and family work with persons on the cancer journey and their caregivers.

Ellen Eisen, MA, MSSW, LCSW, OSW-C **A**
Coordinator, Patient and Family Services
The Jones Clinic
7710 Wolf River Circle
Germantown, TN 38138
(901) 202-7639
ellen.eisen@gmail.com

Robert Lemons, MD **A**
Primary Care Specialists
3109 Walnut Grove
Memphis, TN 38111
(901) 458-0162

Nora E Moore, RN, Sr LPE **C**
Center for Integrative Medicine
1100 E Third Street, Suite G100
Chattanooga, TN 37403
nmoore@cim.md

In addition to seeing individuals and couples in counseling, Nora runs groups at the facility for anyone who is seeking a better balance in mind/body/spirit. In addition to psychotherapy and group practice she is trained in Healing Touch and other mind-body modalities.

Kathleen Williams, MSSW/LCSW **A**
Clinical Social Worker
Cancer Support Community
PO Box 295
74 Chestnut Drive
Norris, TN 37828
(865) 546-4661 or (865) 494-0818 or (865) 660-5551
mgregorwilliams@gmail.com

TEXAS

Christopher Ackman A
1st Lieutenant
32nd AAMDC
5020 McCormick Lane
El Paso, TX 79924
(845) 548-2844
christopher.ackman@us.army.mil

Daniel Adkins, MD A
5890 Bandolero Drive, Apartment 1060
El Paso, TX 79912
daniel.adkins@amedd.army.mil

Jose Baltazar, MS A
Counselor, Professor
El Paso Community College
VV Counseling Center
PO Box 20500
El Paso, TX 79912
(915) 831-2085
jbaltaz6@epcc.edu

Laura BaynhamFletcher, MA, LPC A
The University of Texas
M D Anderson Cancer Center
1515 Holcombe Boulevard, Unit 16
Houston, TX 77030
(713) 794-4700
lbaynham@mdanderson.org

Gwen Brehm, MEd, LPC, LMFT A
Owner
Center for Mind Body Health
17300 El Camino Real, Suite 107D
Houston, TX 77058
(832) 741-0266
brehm.gwen@att.net

Char Conlin A
269 Mooring Circle, #B
Lakeway, TX 78734
cconlin@austin.rr.com

Catherine Crews, PhD A
Teacher
Argosy University
3316 San Mateo Drive
Plano, TX 75023
(214) 538-6598
ccrews@argosy.edu

Viola Crowder Moger, LMT A
Licensed Massage Therapist

Sweet Serenity Therapeutic Massage
502 Sun Meadows Drive
Harker Heights, TX 76548
(254) 698-0076
viola.crowder@gmail.com

Elliot Cruz, LCSW

Warrior Transition Battalion
626 W Mulberry Avenue
San Antonio, TX 78212
(210) 916-0760
elliott.cruz@amedd.army.mil

A

John Dietrich, LCSW, LCDC

Clinical Social Worker
Houston, TX
(832) 523-3228
aguidedpath@gmail.com

A

Karin Gylov Lerew, RN BSN

RN Patient Educator
Bariatrics of Texas
#6 Eureka Circle
Wichita Falls, TX 76308
(940) 691-0805
karinlerew@aol.com

A

Cynthia Hamilton, DO

Physician
841 Dulce Tierra
El Paso, TX 79912
cyndrita@sbcglobal.net

A

Michelle Harden, MD

Physician
Stone Oak Women's Center
1139 E Sonterra Boulevard
San Antonio, TX 78258
(210) 614-2229
mharden@stoneoakwomenscenter.com

A

Alice Inman, PsyD

Clinical Health Psychologist
San Antonio Military Medical Center
4023 Canyon Parkway
San Antonio, TX 78259
(210) 292-3925
alice.inman@lackland.af.mil

A

Debra Lewis Kaplan, LCSW-LMFT

Private Practice & Kaplan Center for Spiritual Awareness
5309 Mariners Drive
Plano, TX 75093

C, F

(972) 801-9118

DebraKap@aol.com

Debra sees clients in private practice as well as at the Healing Center. She runs mind-body skills groups for children, teens, adults, and couples. She also lectures on spiritual psychology.

Virginia Kemmy, RN

A

Director of Wellness center
Start Center for Cancer Care
13302 Heights Park
San Antonio, TX 78259
(210) 593-5975
gkemmy@sbcglobal.net

Kimberly McConnell, EdD

A

Program Manager
ISR/BAMC
152 Chevy Chase Drive
San Antonio, TX 78209
kimberly.mcconnell1@amedd.army.mil

Julie McKee, MD

A

University of Texas Medical Branch
301 University Boulevard
Galveston, TX 77555
jmckee@utmb.edu

Mary Pechacek-Hundley, PsyD

A

Instructor, Writer, Trainer PTSD
Army Medical Department Center & School
7022 Hausman Road W
San Antonio, TX 78249
(210) 221-6930
Maryann.pechacek@amedd.army.mil

Steven Peskind, MD

A

Steven P Peskind, MD, and Associates, PA
5957 Dallas Parkway, #100
Plano, TX 75093
(972) 596-2552
speskind@drpeskind.com

Richard Petri

A

Building 2485 D
Fort Bliss, TX 79906
richard.petri@us.army.mil

Catherine Rauschendorfer, RN, Bsn

A

Behavioral Health Nurse
USAISR Burn Center
Brooke Army Medical Center
3400 Rawley E Chambers Avenue
Fort Sam Houston, TX 78234
(210) 916-4485

wearypilgrim@satx.rr.com

Penelope Ries, DO

A

Family Practice Physician
(817) 244-7450
Pennyanne3@aol.com

Earl Ryburn, COTA

A

Certified Occupational Therapy Assistant
BAMC-WTB, Occupational Therapy Clinic
8719 Serene Ridge Drive
San Antonio, TX 78239
(210) 325-7330
earl@anewfitusa.com

Gerre L Schwert, MSW, LCSW

C

PO Box 562
Port Aransas, TX 78373
(361) 749-0226
gerre.schwert@gmail.com

Gerre uses the mind-body approaches of CMBM in her current work with hospice patients and their families, hospice staff, and with grief groups. She also facilitates mind-body skills groups in her community and is a Reiki practitioner.

Linda A Schmalstieg, MD

A

MHMRA of Harris County
5925 Kirby Drive, Suite E #55
Houston, TX 77005
(713) 741-3920
lmasch@earthlink.net

UTAH

Beth Haggett, LCSW

A

Counselor, Consultant, Coach
Self Employed & LDS Family Services
1920 E Ridgehill Drive
Bountiful, UT 84010
beth.haggett@gmail.com

Sandra J W Smeeding, APRN, CS, FNP, PhD candidate

A

Director of Integrative Health
VASLC Health Care System
Surgical Services
500 Foothill Drive
Building 14, Mail code 112
Salt Lake City, UT 84148
(801) 582-1565 x1989
sandra.smeeding@va.gov

VERMONT

Ellen Fein, LCSW & RYT

C, F

Cancer Coach
13 Terrace Street
Montpelier, VT 05602
(802) 229-2352
cancercoachvt@comcast.net
www.notjustapatient.com

Ellen is a Licensed Clinical Social Worker, a registered Yoga Teacher and a Yoga Therapist. She works as a Cancer Coach with both adult cancer survivors and their families and friends. She works with individuals in her office as well as by email and phone. She runs mind-body skills groups for those affected by cancer.

John Schraven

A

Pondermountain
53 Spafford Road
Fairfax, VT 05454
(802) 310-1363 or (802)849-6546
Jas@surfglobal.net

Audrey Von Lepel, MD

A

Fairfax Associates in Medicine
1199 Main Street
Fairfax, VT 05454
(802) 849-2844 or (802) 309-8325
Tealnest@myfairpoint.net

VIRGINIA

Eleanor Baldwin, MSW

A

Therapist
The Women's Initiative
844 Club Drive
Keswick, VA 22947
(434) 824-0048
onniebaldwin@mac.com

Luann Barndt, MS

A

Leadership Coach/US Coast Guard (Retired)
6011 Kestner Circle
Alexandria, VA 22315
(703) 244-3598
lbarndt@live.com

Linda Bennington, BS, MS, BSN, MSN, PhD, RN

A

Senior Lecturer
Old Dominion University
3126 Health Sciences Building
4608 Hampton Boulevard
Norfolk, VA 23509
(757) 404-3300

Patricia Collins

A

1168 N Vermont Street
Arlington, VA 22201

newtrician@yahoo.com

Barbara Eckert, MSW, LGSW

A

Psychotherapist
Family Pathways
105 N Virginia Avenue, #309
Falls Church, VA 22046
(703) 283-5556
barbe2623@AOL.com

Mary Erickson, MAOL, OTR/L

A

Occupational Therapist
US Army, OTSG, PR&R
3600 S Glebe Road, Unit 621
Arlington, VA 22202
(703) 681-3273
mary.erickson@us.army.mil

Renee Fiedler, BSN, RN

A

6442 Lily Dhu Lane
Falls Church, VA 22044
(703) 916-9333 or (703) 731-2470
fiedler.renee@gmail.com

Donna Fitzwater, EdS

C

Director
Valley Health Wellness Services
1014 Amherst Street, Suite 202
Winchester, VA 22601
(540) 536-0045
dfitzwat@valleyhealthlink.com

Donna is not currently running groups. She would be happy to speak with anyone interested in the Center's programs.

Gary Goodwin

A

147 Hilton Street
Alexandria, VA 22314
(703) 684-6708
gegood@yahoo.com

Nedira Haik, MD

A

Harmony Health Consultants
PO Box 722
Nellysford, VA 22958
(434) 826-1278

Lorie Hood, MS

A

105 Ellisville Drive
Louisa, VA 23093
(540) 223-8746
hoodlb@gmail.com

Vicki Hutman, MA, LCPC, LPC

A

Mental Health Therapist
Vicki J Hutman, LLC
10405 Hunter Ridge Drive
Oakton, VA 22124
(703) 589-6110
vjhutman@mac.com

Carol A Jacobs, LCSW

C, F

Private Practice
14501 Three Oaks Terrace
Montpelier, VA 23192
[cajacobs6@aol.com](mailto:cjacobs6@aol.com)
(804) 752-7989

Carol runs mind-body skills groups that are open to everyone. She also runs mind-body skills groups for patients with fertility issues for a program that takes a holistic approach to fertility. Services include: acupuncture, mind-body groups, nutrition, and psychotherapy.

Elizabeth Liotta, CMT, CHT

A

Practitioner of Holistic Therapies
Touching Life, LLC
1308 Barksdale Drive, NE
Leesburg, VA 20176
(703) 622-8342
eliotta703@aol.com

Carol Miller, MSW/LCSW

A

Mental Health Professional
The Center for Well Being
124D E Broad Street
Falls Church, VA 22046
(703) 534-5100 250
carol@cwbcounseling.com

Bonnie Miller, MSW, LCSW

A

Clinical Liaison
Virginia Commonwealth University Social Work Department
421 Oronoco Street
Alexandria, VA 22314
(571) 257-7339
bonniemiller99@gmail.com

Cheryl Mirabella, MA, HHC

A

Nutritional Health Coach and Wellness Educator
Living Whole Health
300 S Washington Street, Suite 205
Alexandria, VA 22314
(703) 599-8791
cmirabella@earthlink.net

Stacy Russell, BSN

A

Registered Nurse
Mind-Body Skills Practitioner
10638 Summersweet Court

Fairfax Station, VA 22039
stacy@easymindbodyskills.com
www.easymindbodyskills.com

Audrey Schoomaker, BSN, RYT

A

Yoga Instructor
George Mason University
301B Jackson Avenue
Fort Myer, VA 22211
(703) 312-1036
aehkschoo@aol.com

Amy Shinal, LCSW

C, F

Whole Life Concepts, LLC
489-B Carlisle Drive
Herndon, VA 20170
(703) 850-7407
AShinal@yahoo.com

Amy uses mind-body skills with individuals and couples in an integrative psychotherapy practice. She is a mind-body skills group facilitator, leading general groups and women's groups. She is also the Clinical Director at The Center for Mind-Body Medicine.

Marilyn Wanner, MSW

A

Psychotherapist
205 S Whiting Street, Suite 605
Alexandria, VA 22304
(703) 593-1784
mindbodyskills@verizon.net

WASHINGTON

Louise Berkowicz, MD

A

7636 SE 72nd Street
Mercer Island, WA 98040
(206) 386-2013
girving@comcaStnet

Britt Gonsoulin, MD/MPH, BS

A

(206) 540-7583

Karen Gorrin

A

Psychotherapist
Olive Tree Healing Arts
2018 156th Avenue NE
Bellevue, WA 98007
karen@karengorrin.com

Christine Karczewski, LMP, ARNP

A

Psychiatric ARNP
Private Practice (Health Therapies)
720 6th Avenue, #101
Tacoma, WA 98045
(253) 582-9426

christine@healththerapies.com

Sunita Mishra, MD

A

Virginia Mason Medical Center
2801 Western Avenue, #721
Seattle, WA 98121
(973) 960-1234
dr.nitamishra@gmail.com

Teresa Regan, MS, LMHC

A

10604 NE 38th Place, Suite 132
Kirkland, WA 98033
(206) 290-9097

Angie Reynolds, MD

A

3620 N 33rd Street
Tacoma, WA 98407
areynol@u.washington.edu

Tanmeet Sethi, MD

C

Swedish Family Medicine Cherry Hill
550 16th Avenue, #100
Seattle, WA 98122
(206) 320-2484

Tanmeet directs the integrative medicine curriculum and runs an integrative medicine consultation clinic at Swedish Family Medicine one half day a week. She also has a primary care practice there. She currently runs mind-body skills groups at the clinic. She also runs workshops in Seattle on healing from illness, crisis and cultivating forgiveness, authenticity, compassion.

Angela Small, MSW, MDiv, LICSW

A

920 1st Avenue N, #414
Seattle, WA 98109
farrara@comcast.net

Lori Sorensen, MSW

A

PhD Student
Saybrook University
PO Box 535
Entiat, WA 98822
(509) 679-4915
sorensenlori@hotmail.com

WEST VIRGINIA

Sherri Philpott, MSW, LCSW, LICSW

A

Private Practice
271 Moonshine Lane
Harpers Ferry, WV 25425
(304) 671-8287 or (304) 728-2264
sherrilp1128@aol.com

Linda Sodaro, LMT

A

Massage Therapist

HART
1413 Martha Road
South Charleston, WV 25303
(304) 546-1513
babanu98@yahoo.com

WISCONSIN

Danny L Correll LCSW, CCCJS, MAC, QCSW, DCSW

A

Twin Ports VA Outpatient Clinic – Psychiatry
3520 Tower Avenue
Superior, WI 54880
(715) 398-2951 (MH Clerk)

dan - at - mountain-trail.net (Remember to change the "- at -" to "@")

Danny is a Licensed Clinical Social Worker/Psychotherapist at The Twin Ports VA Community Based Outpatient Clinic (CBOC). He works exclusively with veterans and their families. His practice integrates Mind-Body Skills for individuals and groups. The mind-body skills groups were found to be particularly beneficial for populations suffering with chronic pain as well as 12 week groups for veterans struggling with stressors.

Lynne Edebohls, RN, MS, PNP-BC

A

Nurse Practitioner, Team Lead
Mercy Clinic South/Family Practice Residency
849 Kellogg Avenue
Janesville, WI 53546
(608) 755-7960 x7810
ledebohls@mhsjvl.org

Kathleen Graham, RN, MS

A

Oncology Advanced Practice Nurse
Franciscan Skemp Medical Center
700 West Avenue S
LaCrosse, WI 54601
(608) 785-0940 x281
graham.kathleen@mayo.edu

Efrat Livny, BA, BSc, MLS

A

Open Circle Healing Arts, LLC
1512 Rutledge Street
Madison, WI 53703
(608) 220-8849
elivny@sbcglobal.net

Karen Lupa, CNM

A

W2614 Auburn Ashford Drive
Campbellsport, WI 53213
(920) 533-5743
clickip@gmail.com

Christine Maghrak, RN, MN, PMHCNSBC

A

Inpatient Treatment
St Joseph's Hospital
611 St Joseph's Avenue

Marshfield, WI 54449
(715) 387-7079
maghrakc@stjosephsmarshfield.org

Laura Waldvogel, MSE, LPC, NCC

A

Outpatient Mental Health
Elmergreen Associates, Inc
319 Superior Street
Antigo, WI 54409
(715) 627-2296
lwaldvogel@charter.net

Diane Weiner, PhD

A

Diane Weiner, PhD, LLC
715 Hill Street, Suite 270
Madison, WI 53705
(608) 274-4487
deweiner@wisc.edu

WYOMING

Maureen Molinari, RD, CDE

A

Registered Dietitian
Self Employed
PO Box 10592
Jackson, WY 83002
maureen_molinari@hotmail.com

CANADA

Monika Botschner, MD

C

East Elgin Family Health Team
418 Talbot Street West
Unit 3
Aylmer, ON
N5H 1K9
Canada
(519) 773-9834

Monika is board certified in Family Practice as well as Holistic Medicine. She incorporates Mind-Body Medicine philosophy into her practice and teaches Mind-Body skills to patients and family members.

Judy Brown, RN BSN

A

Alberta Health Services
Nurse Therapist
2155 Sirocco Drive SW
Calgary, AB T3H 2T9
Canada
(403) 944-9734
judy.brown@shaw.ca

Katrina Chappell, RN, RAc

A

Registered Nurse, Acupuncturist
PO Box 2301 B-4295 Byng Rd

Port Hardy, BC V0N2P0
(250) 230-2379
chaps0515@yahoo.ca

Jennifer Kennard, RN BScN

A

Registered Nurse, Acupuncturist
PO Box 2727 B-4295 Byng Rd
Port Hardy, BC V0N2P0
(250) 949-7969
xocaro@islandnet.com

Orysia Klymkiw, Master of Social Work

A

Mental Health Promotion Coordinator/Private Practice
Regional Health Authority
9 Overwater Road
St Andrews, MB R1A 2V7
(204) 482-2612 or (204) 338-9749
orysiak@yahoo.com

Nancy Leach Schaeffer, MAT, MSc

A

Mindful Way Consulting
Consultant
232 Forsyth Drive
Waterloo, ON N2L 1A5
Canada
(519) 742-6418
nancy.schaeffer@rogers.com
Classes in mind-body skills and mindfulness meditation

Anita Gainer, MD, PhD

C

Private Practice
#214
3210-118 Ave
Abbottsfeld Mall
Edmonton, AB T5W 4W1
Canada
(780) 906-5797
againer@ualberta.ca
Anita runs Mind-body skills groups open to everyone.

Deepika Mitra, BSW, MSc, RSW

C

Individual / Relationship / Family Therapist
#216, 8625 109St
Edmonton, AB
T6G 1E7
780-238-9490
dmittra@openingspaces.ca
www.openingspaces.ca
Deepika is in private practice and provides a number of therapeutic services aimed to help you attain your full potential. Her work is aimed to create self-determination, self worth, empowerment, growth and healing. She works holistically, considering not only the concern at hand but how it relates to a larger picture. She runs mind-body skills groups open to everyone.

Gjorgji “Goce” Nikoloski, MD

C, F

Child and Adolescent Mental Health Clinician
5-100 Roseview Avenue
Cambridge, ON, N1R 4A7
Canada
(519) 836-4991 ext 757
gnikoloski@hotmail.com

Goce is working with Trellis, Mental Health and Developmental Services in Guelph Ontario, as a Child and Adolescent Mental Health Clinician. Goce also runs a private clinic, utilizing mind-body medicine and psychotherapy. He runs Mind-body skills groups open to everyone.

Stephen Sagar BSc(Hons), MB, MS, MRCP, FRCR, FRCPC

F

Board Certified with American Board of Radiology
Associate Professor and Oncologist
MCMaster University and Juravinski Cancer Centre
Juravinski Cancer Centre
699 Concession Street
Hamilton, ON L8V 5C2
Canada
(905) 387-9495, ext. 64721
stephen.sagar@hrcc.on.ca
http://fhs.mcmaster.ca/medicine/radiation_oncology/faculty_member_sagar.htm

Stephen provides consultations, presentations, workshops, and strategic planning for designing and implementing Integrative Oncology programs for health care institutions and clinics. He also provides strategies for treating and preventing burnout (physical and mental exhaustion) in health care professionals. Stephen is a member of the Center’s CancerGuides® faculty.

Zenovia Ursuliak, MD, PhD, FRCPC

A

Assistant Professor, Psychiatrist
Dalhousie University
6179 Duncan Street
Halifax, NS B3L1K1
Canada
(902) 473-3812
zursuliak@hotmail.com

Angela Wellman, DC

A

Tantalus Chiropractic and Wellness
#5 40750
Tantalus Road
Squamish, BC V8B 0L4
Canada
angewellman@gmail.com

EGYPT

Cherifa AboulFettouh, PhD

A

Director, Women's Health Clinic/Medical Nutritionist
Wady El Nil Hospital
11 Midan Asswan Squar Agouza
kasr el koba
Cairo, 567673
Egypt

002 02 33462526
cherifaaboulfettouh@yahoo.com

ISRAEL

Avigail Yinon, PhD **A**
Senior Lecturer
BARILAN
University, School of Education
School of Education
RamatGan,
52900
Israel
97235317109
yinon@mail.biu.ac.il
Psychological Counseling.

For other clinicians trained in Israel, see <http://www.mindbodygroups.org/>

MEXICO

Liora Schneider **A**
Psychologist
Bienesta Medical Center
Horacio 1712-302 C.P:11560 Hacienda El Ciervo 23-502A
México City, México 11560
liorasch@yahoo.com

PHILLIPINES

Buenaventura Bill Ramos, MD **A**
Medical Oncologist
Phillippine Society of Medical Oncology
Suite 505B
Chong Hua Medical Arts Center
Llorente Street
Cebu City, 6000
Phillipines
63 32 2552408
bcrams@hotmail.com

SAUDIA ARABIA

Yasmine Buraik, MA **A**
Psychiatric Counselor
Saudi Aramco
PO Box 10348
Dhahran, 31311
Saudi Arabia
yasmine.buraik.1@aramco.com

SPAIN

Rosario Galvan

Urb. Bahia Blanca, bloque 4, 5-F Paseo Maritimo 15. Valdelagrana
El Puerto de Santa Maria - Cadiz, SPAIN 11500
+34-956-050-400'
rosariogalto@yahoo.com

A

UNITED KINGDOM

Yaz Headley, UKCP, MBACP

Psychotherapist
Ealing, London, United Kingdom
yaz@yourhappiness.com
www.yourhappiness.com