

List of Equipment for Food Demonstrations

In order to have a successful event:

- Create a grocery list with all the ingredients
- Check to make sure you have all of the ingredients
- Make sure you have copies of the recipes for participants
- Gloves for cooking
- Pots for cooking depending on the recipe, for example large sauce pan, soup pot, sauté pan, etc
- Appliances for recipes, for example: a hot plate, a blender or food processor
- Cutting board
- One good cutting knife
- Tongs
- Stirring spoons
- Serving spoons
- Plastic bags for trash

Make sure that the venue has provided you with:

- 1-6' foot table
- table cloth or disinfectant for the table
- electric plug for the appliances
- water source to wash food or rinse appliances and utensils after the meal
- seating for participants
- paper plates
- napkins
- utensils
- cups